# WE ARE GYMNASTICS!

# **Men's Artistic Gymnastics**

NEWSLETTER - 15th Cycle Nº 04 - October 2024



### LAUSANNE (SUI), October 8, 2024

Dear Friends.

As we come to the end of another Olympic cycle it is time to look back on the many positive things that have occurred over the past 3 years. Yes, it was a historic short cycle due to the Covid pandemic!

What is always incredible to see is how the gymnasts, with their coaches, continue to innovate and develop new and exciting skills. Many new elements were successfully performed for recognition by the MTC. The athletes who performed these elements will live on in history with their names recorded in the Code of Points.

Very successful World Champions were hosted in Liverpool and Antwerp this cycle followed by a sold-out arena at the Olympic Games in Paris. Men's Artistic Gymnastics can be proud to say they are a worldwide sport with medalists coming from 18 different countries across these 3 competitions.

The MTC would also like to take this opportunity to thank the FIG staff for all of their hard work over this past Olympic Cycle. And a very special thank you to the MAG Sports Events Manager, Stéphane Detraz, for his excellent work and support of Men's Gymnastics.

The information below responds to frequently asked questions since the latest version of the CoP 2025 – 2028 was published. It is separated into two distinct sections; Clarifications to the Code of Points and new elements successfully performed in recognized competitions. These answers and decisions were taken at the MTC meeting held in September 2024 meeting in Lausanne.

### 1. Q and A for the 2025-2028 Code of Points and Judges Course and Exam

#### General

1. During the exam, will judges have to record stick bonus or Neutral Deductions (ND)?

Answer = No

2. Can connection bonus be awarded if the gymnast has a large error?

Answer = Yes. Only in the case of a fall will no connection be awarded.

3. What defines whether a dismount receives the stick bonus?

Answer = A gymnast will receive stick bonus if he lands the dismount without movement of his feet. Other deductions such as legs apart, low landing, waving of arms, lack of preparation will not cancel the stick bonus. However, if the heels raise up to maintain balance, then there is no stick bonus. This will all be clearly shown in the Judges courses.

4. Some skills no longer appear in the Code of Points. Have they been removed? Answer = Yes. At this time any skills that you no longer find in the Code of Points have been deliberately removed. For example, Bilozerchev and Kroll on Pommel Horse.

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### **Apparatus**



1. Is the EG value of the dismount doubled like other apparatus?

Answer = No

2. What if a gymnast does not finish their routine with an Acrobatic element?

Answer = Article 10.2.1.f clearly states that the gymnast must end with an Acrobatic element. Failure to end with an acrobatic element means only 7 elements will be counted.

3. Was the double Arabian tucked with a ½ turn meant to be in a separate box from the Tsukahara?

Answer = No. All double saltos bwd. tucked with a 1/1 turn will be in the same box as Tsukahara.

4. What is the deduction if the gymnast ends their routine with a double salto tucked?

Answer = There is no deduction for doing less than a D value skill as the dismount. Only a Neutral Deduction if the dismount is not a multiple salto

5. If a gymnast performs a C value element from EG III as their dismount, but elsewhere in the routine has a D value element from EG III, will they receive full EGR for EG III?

Answer = Yes

6. Can the gymnast receive stick bonus if they perform a double salto tucked as a dismount?

Answer = Yes. Stick bonus can be given to any C or higher acrobatic element dismount.

7. What is the deduction if the gymnast simply runs across the floor area (diagonal or side) without performing any skills?

Answer = The deduction will be 0.5

8. What are the performance expectations for the scale without hand for a B part? Any standing scale with 180° straddle, no hand hold (2 s)

Answer = To receive a B – value the leg must be with 15° of full split.

9. Is a Salto bwd. str. with 7/2 turn, directly into Salto fwd. straight with ½ t. awarded connection bonus?

Answer = No. The rule in the previous code that single saltos with turns are not eligible for



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connection bonus is also in this code. Art.10.2.2.5. "No connection bonus will be given for directly connected single saltos with turns (example: salto bwd. with 5/2 turns to salto fwd. 1/1 turn)"



1. Is a Busnari consider a flared element?

Answer = Yes

2. If a gymnast falls, or otherwise does not get credit for their dismount, if they attempt to repeat the dismount, can they also get credit for any skills done prior to the repeated dismount?

Answer = No. If successful in repeating the dismount, only the value of that dismount will count towards the D-score.

3. How are we expected to evaluate skewing in the new code?

Angular deviations (Skewing) are now deducted per element, not per circle. For this, take the deduction for the maximum deviation during the element. For example, during a Magyar, deviation of 10° during first third, 30° during middle, 20° last part; deduct for the maximum deviation of 30°.

4. What is the correct starting position for travels with Spindle?

Answer = The revised text in the CoP: a.10) will be: "All travels with spindle should be started from front support, in the appropriate position.



1. What is the value if a gymnast performs a Backuprise to Straddle – L?

Answer = 2 elements. A and A

2. Regarding the element "From hanging scale rw. press to swallow (also to Support Scale) (2 s.).". Does the hanging scale rearways have to be in the counting 8 elements?

Answer = No

3. Regarding possible value raising in article 12.2.2.5.h) - Does the element Honma swing to handstand, after the Yamawaki or Jonasson, also lead to value raising?

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Answer = No. This value raising applies only when it is a back-uprise to handstand that is performed after the Jonasson or Yamawaki.

4. The example below is to show how to maximize the gymnasts score on Rings.

Е	D	D	С	D	D	Е	С	В	Е
II	Ш	Ш	I	Ш	III	Ш	I	1	IV
R	R	R	R	R	R	R	NR	NR	R

In this example, the Jonasson, element number 4, is recognised to the benefit of the gymnast as it means the subsequent strength elements are recognised. The longwing, element number 8, would not be recognised and a ND of 0.3 taken.



1. During warm up, if the gymnast performs an empty run (in other words the gymnast has not touched the springboard or apparatus), does this count as one of the two warm up vaults?

Answer = Yes

2. Does standing on the horse and performing a jump or salto to landing count as one of the 2 warm up vaults permitted

Answer = Yes

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#### Parallel Bars

1. If a gymnast falls on Parallel Bars and upon remounting, swings to handstand, can they swing back down again without deduction?

Answer = Yes. After a fall, the gymnast is allowed to swing to handstand to return to the continuing point of his routine. If the gymnast swings down (e.g. Stutz), there will **not** be a 0.3 deduction for not continuing in the same direction in this case.

2. The deductions listed for lack or extension at horizontal or uncontrolled regrasping after saltos is listed as 0.1, 0.3 or 0.5. But what do we deduct if both errors exist?

Answer = If two potential deductions exist, then only the maximum one must be taken.

3. There is still some confusion regarding the following new requirement: "After swing to handstand, next element must continue in same direction (1/2 turn, Gatson, Healy, etc)" Could you please explain when this applies?

Answer =This only applies to <u>swing to handstand</u> (element II.1). It is ok to swing down without penalty after elements such as press to handstand, Tippelt to handstand, Stutz to handstand, etc.



### **Horizontal Bar**

1. The Code states that a gymnast may perform a 5th flight if at least two flights are connected. Does this mean that the gymnast can have <u>5</u> counting elements from EGR II in the best 7 plus dismount?

Answer = Yes



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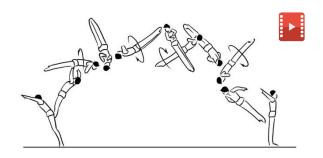
### 2. MAG NEW ELEMENTS PERFORMED

The FIG MTC confirms the following new elements were attempted and the skill was awarded with the gymnast's name after successful completion. MAG gymnast may receive the name for a new element performed in an official FIG competition upon successful completion for difficulty recognition.



### Jake JARMAN (GBR)

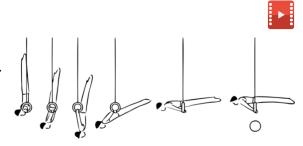
- Double salto backward straight with 7/2 turn.
- I value (EG III) # 72
- Performed successfully at the 2023 World Challenge Cup, Paris (FRA)
- Name awarded: JARMAN





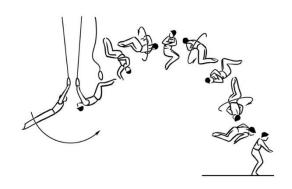
# Jingyuan ZOU (CHN)

- From inverted cross, lower slowly to inverted hang and felge backward slowly to support scale.
- E value (EG II) #
- Performed at the 2023 World University Games, Chengdu (CHN)
- Name awarded: ZOU 2



### Leo SALADINO (FRA)

- Double salto backward with 3/1 turn.
- Value G (EG IV)
- Performed at the 2024 World Challenge Cup, Koper (SLO)
- Name not awarded.



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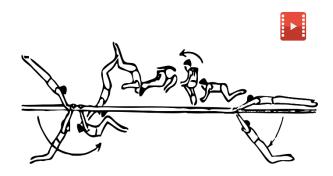




### **PARALLEL BARS**

# Joseph SOLIS (MEX)

- Giant swing bwd. and salto with ½ t. to hang.
- E value (EG III) # 71 (Already in the CoP)
- Performed successfully at the World Challenge cup, Szombathely (HUN)
- Name awarded: **SOLIS**



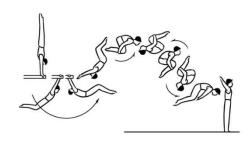
# Joaquín ALVAREZ (CHI)

- From hang on end, double salto bwd. straight
- E value (EG IV) # 47
- Performed successfully at the 2024 World cup, Cairo (EGY)
- Name awarded: ALVAREZ



## Camilo VERA (COL)

- From hang on end, triple salto bwd.
- G value (EG IV) # 48
- Performed at the 2024 Junior Pan American Championships, Santa Marta (COL)
- Name not awarded

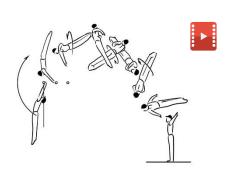




### **HORIZONTAL BAR**

## Joaquín VALVERDE (CHI)

- From hang Double salto bwd straight with 2/1 turn over the bar
- E value (EG IV) # 59
- Performed successfully at the 2023 Pan Am Games, Santiago (CHI)
- Name awarded: VALVERDE



### 3. ELEMENTS NAMED RETROACTIVELY

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## HORIZONTAL BAR

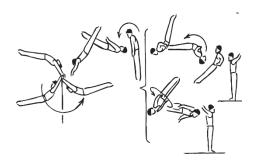
## John ROETHLISBERGER (USA)

- Double salto fwd. t. with 3/2 t. over the bar.
- Value D (EG IV) #22 (Already in the CoP)
- Performed successfully at the 1995 World Championships, Sabae (JPN)
- Name awarded: ROETHLISBERGER 1



# John ROETHLISBERGER (USA)

- Double salto fwd. straight with 1/2 t. over the bar.
- Value D (EG IV) #16 (Already in the CoP)
- Performed successfully at the 1996 Olympic Games, Atlanta (USA)
- Name awarded: ROETHLISBERGER 2



#### 3, Other information:

Tension Control Sensor (TCS)

A Tension Control Sensor (TCS) is compulsory from 2025 for Olympic Games, Youth Olympic Games, World Championships (Senior & Junior), World Cups and World Challenge Cups. It is highly recommended for all other competitions. A warning lamp shall light up if there is an over or underload. This is the case for a tension of X > 5000N and X < 1000N. (See Apparatus Norms page.77)

It is considered dangerous for the gymnasts to compete with a tension out of the above interval, therefore the Apparatus Commission strongly recommend respecting it. Starting from 2025 World Championships (Senior and/or Junior), deductions may be applied, after warning.

**Arturs Mickevics** 

President of the Men's Artistic Gymnastics

Technical Committee

Jeff Thomson

1st VP and Secretary of the Men's Artistic

**Gymnastics Technical Committee** 

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