



LAUSANNE (SUI), July 04, 2023

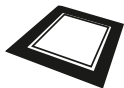
Dear Friends,

The MTC would like to first congratulate all the coaches, athletes and judges for their work and performances so far this cycle. Many great competitions have already happened, and the World Championships in Antalya was a huge success with great performances and accurate results.

In particular, the TC would like to thank all of you who attended the Round Table in Antalya. The discussions and ideas shared will help make gymnastics better around the world.

The FIG MTC has made the following interpretations and clarifications regarding the 2022 - 2024 MAG Code of Points at their June meeting. The information below responds to frequently asked questions and analysis of the Antalya Jr. World Championships, World Cups and is separated into two distinct sections; Clarifications of the Code of Points and new elements successfully performed since Newsletter #2.

1. Clarifications of the 2022-2024 Code of Points



Floor Exercise

Spindle to Handstand (EG I # 93 and #100)



Any circling element starts and finishes in front support, including on floor exercise.

1/1 spindles start and finish in front support within 6 hand placements. For spindle to handstand, the 360 turn must be completed in rear support after the 5th hand placement. The movement to handstand finishes with the 6th hand placement.

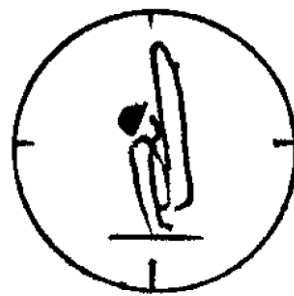
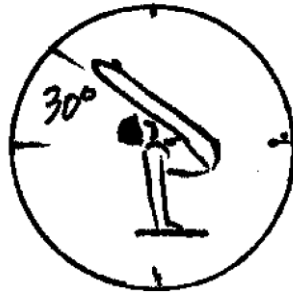
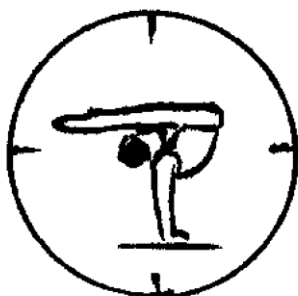
(Please refer to the accurate diagram in the CoP)

Manna and V-Sit)



A perfect Manna position is where the legs are horizontal. If the legs are up to 30 degrees short of horizontal, there will be a 0.1 deduction. All other leg positions up to vertical will be evaluated as a V sit with no deduction.

If the legs are short of vertical up to 15 degrees 0.1, >15 to 30 is 0.3 deduction, more than 30 degrees is non-recognition.





Pommel Horse

Busnari Type Elements



Busnari type elements performed with more than 360° turn in handstand are permissible and will receive all appropriate upgrades as described in the Code of Points.

Article 11.2.2 Information about the “D score” c.4) 2

	Handstand		
	“B”	“C”	“D”
Lower to circle/ flair	C	D	E
w/360° turn or more OR 3/3 travel*	D	E	F
w/360° turn or more AND 3/3 travel	E	F	G

*3/3 travel requires minimum 180° turn.

Travels in Cross Support



There are no deductions for angular deviation during any travel started in cross support when the deviation is a result of the action of stepping forward or backward. When the hands are in the same part of the horse (1-1, 3-3, 5-5), deviations will be deducted. For example, after a ½ travel backwards, the gymnast finishes in front support with a deviation of 33° will be deducted 0.3. This deviation is not considered a stepping movement for the following element.

Mikulak Type Elements



In the case of the Mikulak style elements, where the gymnast supports themselves with their leg before completing the element, the element will not be recognized and receive 0.5 deduction for interruption of exercise without a fall.



Rings

Bending of the Arms – (Article 9.2.7)



If a swing to strength element is performed with an excessive arm bend (>90°) a deduction of 0.5 will be applied. This error will also lead to non-recognition of the element.

The final hold part will be recognised if it fulfils the technical requirements.

Example, back uprise to straddle support scale with excessive arm bend will not be recognised but the final straddle support scale can be awarded an A value.



Parallel Bars



For elements that are defined as finishing in a handstand, such as Diamidov, the gymnast must clearly show the handstand position before proceeding into elements such as long hang or upper arm support. Otherwise the element may not be recognized.



Horizontal bar



Back-uprise to Free-hip circle

As a mount, if a gymnast performs a back-uprise to support followed by a free-hip (or other movement) they will receive a 0.3 deduction for Reversal of Direction (CoP 15.2.1.2.d)

If no support is shown during the swing rearward, then there will be no deduction

Steineman into Stalder



When exiting a Czech giant sequence, if the gymnast performs a stoop to support followed immediately by Stalder, will always be evaluated as Steineman (B) and Stalder (B) regardless of the angle or extension of the stoop to support (Including up to the handstand position)

If no Stalder is performed, this sequence will be evaluated as Koste (C) with possible angle deductions and non-recognition.

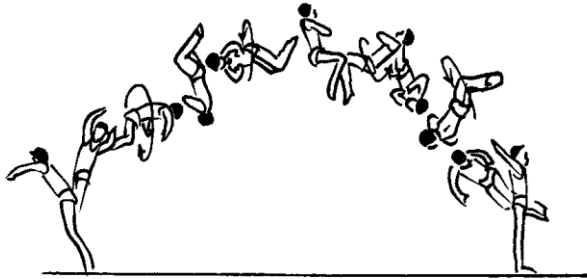
2. MAG NEW ELEMENTS PERFORMED

The FIG MTC confirms the following new elements were attempted in the first half of 2023 and the skill was awarded with the gymnast's name after successful completion. MAG gymnast may receive the name for a new element performed in an official FIG competition upon successful completion for difficulty recognition.

FLOOR EXERCISE

Kazuki MINAMI (JPN)

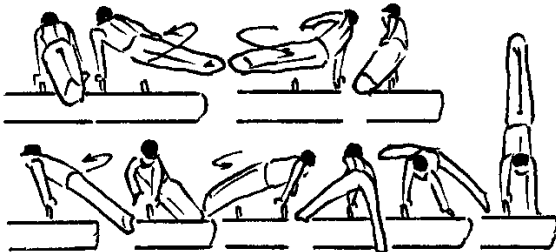
- Double salto backward with 7/2 turn.
- H value (EG III) # 66
- Performed successfully for value in the Finals of the Apparatus World Cup in Doha (QAT)
- Name awarded: **MINAMI 2**



POMMEL HORSE

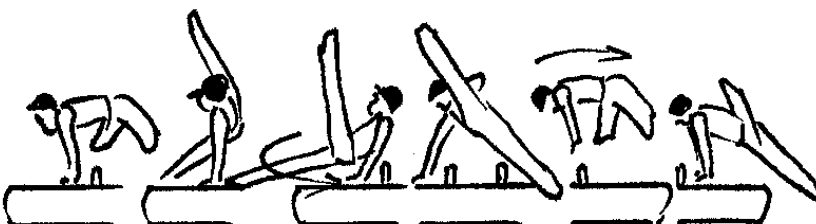
Dachi DOLIDZE (GEO)

- From pommels, circle with 1/4 turn to Russian wenderswing 270° on one pommel to handstand.
- D value (EG IV)
- Performed successfully for value in the Qualifications of the 2nd Junior World Championships in Antalya (TUR)
- Name awarded: **DOLIDZE**



Michael REID (JAM)

- Travel backward in cross support over both pommels in flairs with hop.
- E value (EG III)
- Performed successfully for value in the Qualifications of the Pan American Championships in Medellin (COL)
- Name awarded: **REID**



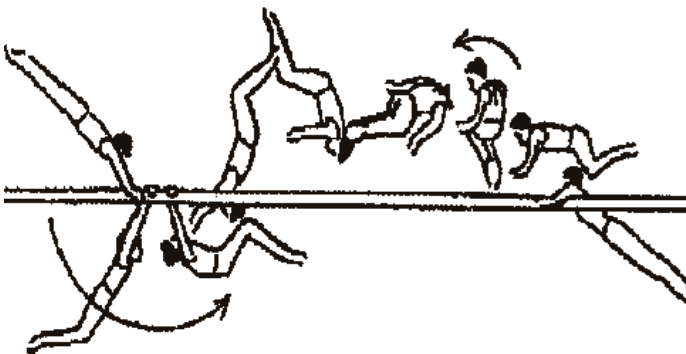


3. ELEMENTS NAMED RETROACTIVELY

PARALLEL BARS

Masayuki MATSUNAGA (JPN)

- Giant swing bwd. and salto with $\frac{1}{2}$ t. to upper arm hang.
- D value (EG III) # 64
- Performed successfully for value at the 1992 Olympic Games Barcelona (ESP)
- Name awarded: **MATSUNAGA**



Thank you to Koichi ENDO (JPN) for all illustrations.

Respectfully,

Arturs Mickevics
President of the Men's Artistic Gymnastics Technical Committee

Jeff Thomson
VP and Secretary of the Men's Artistic Gymnastics Technical Committee