



2018 JO Course Material
JO Technical Sequence
Judging Report
Horizontal Bar Routine Analysis



NGJA Judges Report Form

EVENT:

Horizontal Bar

ATHLETE:

15-18 Year Old Routine #1

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
1) In overgrip, stemme to hecht-tap back uprise to immediate pirouette to handstand	-	-	-	0.1, 0.1	Feet, Angle
2) One backward giant to free-hip handstand to	-	-	-	0.1	Angle
3) Swing hop ½ turn to handstand	-	-	-	0.1	Angle
4) One backward giant, giant with blind change to handstand, one forward giant	-	-	-		
5) Forward giant to immediate early pirouette to double undergrip to handstand (reverse direction)	-	-	-	0.1, 0.1	Rhythm, Position
6) Forward giant to immediate Endo	-	-	-	0.1	Angle
7) Forward with early pirouette to handstand to one backward giant				0.1	Angle
8) Backward giant with toe-on, toe-off (piked or straddled)	-	-	-	0.1	Knees
9) 1 to 3 backward giants to	-	-	-		
10) Layout flyaway or	-	-	0.1		Stick
10) Tuck open double back flyaway dismount or	-	-	-		
10) Double layout flyaway	-	-	-		

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Base Score = 9.5	E = 0.9	
D =	Bonus = 0.3		
C =			
B =			D Panel + E Panel = 8.9
A =	Start Value = 9.8		

D – Panel Comments: Awarded Technical Emphasis bonus 1 and 3

E – Panel Comments:



NGJA Judges Report Form

EVENT:

Horizontal Bar

ATHLETE:

15-18 Year Old Routine #2

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
1) In overgrip, stemme to hecht-tap back uprise to immediate pirouette to handstand	-	-	-	0.2, 0.1	Angle, Feet
2) One backward giant to free-hip handstand to	-	-	-	0.1	Angle
3) Swing hop ½ turn to handstand	-	-	-	0.2	Angle
4) One backward giant, giant with blind change to handstand, one forward giant	-	-	-	0.1	Angle
5) Forward giant to immediate early pirouette to double undergrip to handstand (reverse direction)	-	-	-	0.2	Angle
6) Forward giant to immediate Endo	-	-	-		
7) Forward with early pirouette to handstand to one backward giant				0.1, 0.1	Angle, Legs
8) Backward giant with toe-on, toe-off (piked or straddled)	-	-	-	0.1	Knees
9) 1 to 3 backward giants to	-	-	-		
10) Layout flyaway or	-	-	0.1		Stick
10) Tuck open double back flyaway dismount or	-	-	-		
10) Double layout flyaway	-	-	-		

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Base Score = 9.5	E = 1.2	
D =	Bonus = 0.1		
C =			
B =			D Panel + E Panel = 8.4
A =	Start Value = 9.6		

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

EVENT:
ATHLETE:

Horizontal Bar
15-18 Year Old Routine #3

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
1) In overgrip, stemme to hecht-tap back uprise to immediate pirouette to handstand	-	-	-	0.1, 0.2, 0.1	Feet, Angle, Legs
2) One backward giant to free-hip handstand to	-	-	-	0.2	Angle
3) Swing hop ½ turn to handstand	-	-	-	0.2, 0.1	Angle, Position
4) One backward giant, giant with blind change to handstand, one forward giant	-	-	-	0.2	Angle
5) Forward giant to immediate early pirouette to double undergrip to handstand (reverse direction)	-	-	-	0.2, 0.1	Angle, Feet
6) Forward giant to immediate Endo	-	-	-	0.1, 0.1	Feet, Angle
7) Forward with early pirouette to handstand to one backward giant	-	-	-	0.2, 0.1	Angle, Hand Adj.
8) Backward giant with toe-on, toe-off (piked or straddled)	-	-	-	0.1, 0.1, 0.1	Feet, Position, Rhythm
9) 1 to 3 backward giants to	-	-	-		
10) Layout flyaway or	-	-	0.1	0.1	Stick, height
10) Tuck open double back flyaway dismount or	-	-	-		
10) Double layout flyaway	-	-	-		

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Base Score = 9.5	E = 2.3	
D =	Bonus = 0.1		
C =			
B =			D Panel + E Panel = 7.3
A =	Start Value = 9.6		

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

EVENT:

Horizontal Bar

ATHLETE:

15-18 Year Old Routine #4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
1) In overgrip, stemme to hecht-tap back uprise to immediate pirouette to handstand	-	-	-	0.5, 0.2	No Hecht tap, Angle
2) One backward giant to free-hip handstand to	-	-	-	0.1	Angle
3) Swing hop ½ turn to handstand	-	-	-	0.1	Angle
4) One backward giant, giant with blind change to handstand, one forward giant	-	-	-		
5) Forward giant to immediate early pirouette to double undergrip to handstand (reverse direction)	-	-	-	0.2	Angle
6) Forward giant to immediate Endo	-	-	-	0.2	Angle
7) Forward with early pirouette to handstand to one backward giant				0.2	Angle
8) Backward giant with toe-on, toe-off (piked or straddled)	-	-	-		
9) 1 to 3 backward giants to	-	-	-		
10) Layout flyaway or	-	-	-		
10) Tuck open double back flyaway dismount or	-	-	-		
10) Double layout flyaway	-	-	-	0.2, 0.1	Hop, Position

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Base Score = 9.5	E = 1.8	
D =	Bonus = 0.2		
C =			
B =			D Panel + E Panel = 7.9
A =	Start Value = 9.7		

D – Panel Comments: Awarded Technical Emphasis 2 and 3

E – Panel Comments: