



<b>2018 NGJA Course</b>
<b>JO Compulsory Routine Analysis</b>
<b>Judging Report</b>
<b>Horizontal Bar Routine Analysis</b>
Judging Panel:
General Comments:



## NGJA Judges Report Form

**COMPETITION:**      NGJA Course - Compulsory Analysis  
**EVENT:**                **Horizontal Bar**  
**ATHLETE:**             **Level 4 – 1**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip					
Pullover to support with spotter assistance			0.5	.1	No spotter assistance, Rhythm
Cast to back hip circle to undershoot forward			0.1, 0.5	.1, .1, .1, .1	Cast to Horizontal, Back Hip Circle Hips, arms, knees, hips
Swing backward, tap swing forward					
Swing backward, tap swing forward					
Swing backward and uprise to hop with both hands, tap swing forward				.1	Amplitude
Swing backward, tap swing forward					
Swing backward, tap swing forward					
Swing backward to uprise and release hands dismounting to stand				.1, .3	Amplitude, step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 = 1.0	
D =	Element Groups =		
C =	Bonus = 1.1		
B =	Presentation =		<b>D Panel + E Panel = 9.6</b>
A =	<b>Start Value = 10.6</b>		

**D – Panel Comments:**

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:**      NGJA Course - Compulsory Analysis  
**EVENT:**                **Horizontal Bar**  
**ATHLETE:**             **Level 4 – 2**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip			0.1		Hollow body virt. +0.1
Pullover to support with spotter assistance			0.5		No spotter assistance
Cast to back hip circle to undershoot forward			0.5	.1, .1	Back hip circle Hips, Hips
Swing backward, tap swing forward					
Swing backward, tap swing forward					
Swing backward and uprise to hop with both hands, tap swing forward				.3, .1	Lack of amplitude, Feet
Swing backward, tap swing forward					
Swing backward, tap swing forward					
Swing backward to uprise and release hands dismounting to stand			0.2	.1, .1	Stick Amplitude, feet

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =0.8	
D =	Element Groups =		
C =	Bonus = 1.3		
B =	Presentation =		<b>D Panel + E Panel = 10.0</b>
A =	<b>Start Value = 10.8</b>		

**D – Panel Comments:**

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:**      NGJA Course - Compulsory Analysis  
**EVENT:**                **Horizontal Bar**  
**ATHLETE:**             **Level 4 – 3**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip				.3, .3, .1	Legs on lift to bar, Legs, Knees
Pullover to support with spotter assistance				.5, .3	Legs, Knees
Cast to undershoot forward				.3, .1, .5, .3	Height, Legs, Legs, amp
Swing backward, tap swing forward				.5, .3	Legs, height
Swing backward, tap swing forward				.5, .1	Legs, height
Swing backward and uprise to hop with both hands, tap swing forward				.5, .5	Legs, no hop
Swing backward, tap swing forward				.5	Legs
Swing backward, tap swing forward				.5	Legs
Swing backward to uprise and release hands dismounting to stand			0.2	.3, .3	Stick Legs, amplitude

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =6.7	
D =	Element Groups =		
C =	Bonus = 0.2		
B =	Presentation =		<b>D Panel + E Panel = 3.0 (or local mercy score)</b>
A =	<b>Start Value = 9.7</b>		

**D – Panel Comments:**

**E – Panel Comments:**

No Hop is a 0.5 routine composition error, does not lose value for the part.



### NGJA Judges Report Form

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** Horizontal Bar  
**ATHLETE:** Level 4 – 4

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip				.1	Feet
Pullover to support with spotter assistance			0.5	.1, .1	No spotter assistance Rhythm, legs
Cast to back hip circle to undershoot forward			0.5	.1, .3, .1, .3	Back hip circle Position, Hips, arms, hips
Swing backward, tap swing forward					
Swing backward, tap swing forward					Swing bwd. horiz. +0.1 virt.
Swing backward and uprise to hop with both hands, tap swing forward				.1	Lack of amplitude
Swing backward, tap swing forward				.1	Legs
Swing backward, tap swing forward				-1.0	Missing swing
Swing backward to uprise and release hands dismounting to stand				.1, .3, .1	Legs, amplitude, step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 = 1.8	
D =	Element Groups =		
C =	Bonus = 1.0		
B =	Presentation = -1.0		<b>D Panel + E Panel = 7.7</b>
A =	<b>Start Value = 9.5</b>		

**D – Panel Comments:** Missing Swing -1.0

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:**      NGJA Course - Compulsory Analysis  
**EVENT:**                **Horizontal Bar**  
**ATHLETE:**             **Level 5 – 1**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
Pullover to support					
Cast to back hip circle to undershoot forward				.1, .1	(Free hip? Tough video angle) Arms
Swing backward, tap swing forward with ½ turn to mixed grip				.1	Position
Tap swing forward, swing backward and change hand to double overgrip					
Swing forward and kip to support. Momentary stop in support is allowed.				.1	Arms
Cast to undershoot forward				.1, .1	Feet, Arms
Swing backward, swing forward to swinging pullover to undershoot			0.5	.1	Swinging Pullover Hips
Swing backward, tap swing forward					
Swing backward, tap swing forward					
Swing backward to up-rise and release hands dismounting to stand			0.2		

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =0.7	
D =	Element Groups =		
C =	Bonus = 0.7		
B =	Presentation =		<b>D Panel + E Panel = 9.5</b>
A =	<b>Start Value = 10.2</b>		

**D – Panel Comments:**

**E – Panel Comments:**

## NGJA Judges Report Form

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** Horizontal Bar  
**ATHLETE:** Level 5 – 2

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From a hang position in over-grip, pullover to support					
Cast to back hip circle to undershoot forward			0.5		Free hip circle
Swing backward, tap swing forward with ½ turn to mixed grip					
Tap swing forward, swing backward and change hand to double overgrip					
Swing forward and kip to support. Momentary stop in support is allowed.					
Cast to undershoot forward				.1	Feet
Swing backward, swing forward to swinging pullover to undershoot			0.5	.1	Swinging Pullover Feet
Swing backward, tap swing forward			0.1		Swing backward or forward to horizontal
Swing backward, tap swing forward			0.1		Swing backward or forward to horizontal
Swing backward to up-rise and release hands dismounting to stand			0.5, 0.2	.1, .1	Flyaway, Stick Height, Posture

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =0.4	
D =	Element Groups =		
C =	Bonus = 1.9		
B =	Presentation =		<b>D Panel + E Panel = 11.0</b>
A =	<b>Start Value = 11.4</b>		

**D – Panel Comments:**

**E – Panel Comments:**



### NGJA Judges Report Form

**COMPETITION:**      NGJA Course - Compulsory Analysis  
**EVENT:**                **Horizontal Bar**  
**ATHLETE:**             **Level 5 – 3**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From a hang position in over-grip, pullover to support				.1, .1	Form, rhythm
Cast to back hip circle to undershoot forward				.1, .1	Hips, Arms
Swing backward, tap swing forward with ½ turn to mixed grip				.1	Legs
Tap swing forward, swing backward and change hand to double overgrip					
Swing forward and kip to support. Momentary stop in support is allowed.				0.3	Form
Cast to undershoot forward				0.1,0.1	Legs, Hips
Swing backward, swing forward to swinging pullover to undershoot			0.5	.1, .1, .1	Swinging Pullover Rhythm, Legs, Hips
Swing backward, tap swing forward					
Swing backward, tap swing forward				.1	Legs
Swing backward to up-rise and release hands dismounting to stand			0.5, 0.2	.1, .1, .1	Flyaway, Stick Height, Legs, Did not bring feet together

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 = 1.7	
D =	Element Groups =		
C =	Bonus = 1.2		
B =	Presentation =		<b>D Panel + E Panel = 9.0</b>
A =	<b>Start Value = 10.7</b>		

**D – Panel Comments:**

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:**      NGJA Course - Compulsory Analysis  
**EVENT:**                **Horizontal Bar**  
**ATHLETE:**             **Level 5 – 4**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From a hang position in over-grip, pullover to support				.1	Legs
Cast to back hip circle to undershoot forward					
Swing backward, tap swing forward with ½ turn to mixed grip				.1	Legs
Tap swing forward, swing backward and change hand to double overgrip					
Swing forward and kip to support. Momentary stop in support is allowed.				.1	Legs
Cast to undershoot forward				0.1	Legs
Swing backward, swing forward to swinging pullover to undershoot			0.5	.1, .1, .3, .1	Swinging Pullover Legs, Rhythm Hips, arms
Swing backward, tap swing forward					
Swing backward, tap swing forward					
Swing backward to up-rise and release hands dismounting to stand			0.2		Stick

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 = 1.0	
D =	Element Groups =		
C =	Bonus = 0.7		
B =	Presentation =		<b>D Panel + E Panel = 9.2</b>
A =	<b>Start Value = 10.2</b>		

**D – Panel Comments:**

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:**      NGJA Course - Compulsory Analysis  
**EVENT:**                **Horizontal Bar**  
**ATHLETE:**             **Level 6 – 1**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang position in undergrip, pullover to support					
Cast forward to ¾ giant swing forward			0.5	0.3	Front Giant Legs
Hop both hands simultaneously to double overgrip					
Tap swing forward with ½ turn to mixed grip, tap swing forward in mixed grip				.1	Legs
Swing backward in mixed grip, change hand to double overgrip					
Swing forward, kip to support				0.1	Feet
Cast to ¾ giant swing backward (baby giant)			0.5	0.3	Back Giants Legs
Undershoot to swing backward				0.1,0.1	Arms, Hips
Tap swing forward, swing backward				0.1	Height
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount			0.2		Stick

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =1.1	
D =	Element Groups =		
C =	Bonus = 1.2		
B =	Presentation =		<b>D Panel + E Panel = 9.6</b>
A =	<b>Start Value = 10.7</b>		

**D – Panel Comments:**

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:**

NGJA Course - Compulsory Analysis

**EVENT:**

**Horizontal Bar**

**ATHLETE:**

**Level 6 – 2**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang position in undergrip, pullover to support					
Cast forward to ¾ giant swing forward			0.5, 0.1	.1	Front Giants, Cast to 45 Arms
Hop both hands simultaneously to double overgrip					
Tap swing forward with ½ turn to mixed grip, tap swing forward in mixed grip			0.1		Turn at horizontal
Swing backward in mixed grip, change hand to double overgrip					
Swing forward, kip to support					
Cast to ¾ giant swing backward (baby giant)			0.5, 0.5	0.1,0.1	Free Hip, Back Giants Arms, arms
Undershoot to swing backward				0.1	Arms
Tap swing forward, swing backward					
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount				.3	Hop

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =0.7	
D =	Element Groups =		
C =	Bonus = 1.2		
B =	Presentation =		<b>D Panel + E Panel = 10.5</b>
A =	<b>Start Value = 11.2</b>		

**D – Panel Comments:**

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** **Horizontal Bar**  
**ATHLETE:** **Level 6 – 3**

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang position in undergrip, pullover to support					
Cast forward to ¾ giant swing forward			0.5, 0.1		Front Giants, Cast to 45
Hop both hands simultaneously to double overgrip				0.1	Feet
Tap swing forward with ½ turn to mixed grip, tap swing forward in mixed grip			0.1		Turn at horizontal
Swing backward in mixed grip, change hand to double overgrip					
Swing forward, kip to support					
Cast to ¾ giant swing backward (baby giant)			0.5, 0.5	0.1	Arms
Undershoot to swing backward				0.1	Hips
Tap swing forward, swing backward					
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount				.1, .1, .1	Height, Posture, Step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 = 0.6	
D =	Element Groups =		
C =	Bonus = 1.7		
B =	Presentation =		<b>D Panel + E Panel = 10.6</b>
A =	<b>Start Value = 11.2</b>		

**D – Panel Comments:**

**E – Panel Comments:**



## NGJA Judges Report Form

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** Horizontal Bar  
**ATHLETE:** Level 6 – 4

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang position in undergrip, pullover to support				0.1	Legs
Cast forward to ¾ giant swing forward			0.5	.1, .1, .1	Front Giants Arms, position, arms
Hop both hands simultaneously to double overgrip				0.1	Feet
Tap swing forward with ½ turn to mixed grip, tap swing forward in mixed grip				0.1,0.1	Arms, position
Swing backward in mixed grip, change hand to double overgrip					
Swing forward, kip to support				0.1	Arms
Cast to ¾ giant swing backward (baby giant)			0.5, 0.5	0.1,0.1,0.1, 0.1	Free Hip, Back Giants Position, arms, arms, arms
Undershoot to swing backward				.1, .1	Arms, Height
Tap swing forward, swing backward				.1	Height
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount			0.2	.1, .1, .1	Stick Height, Legs, Did not bring feet together

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =1.8	
D =	Element Groups =		
C =	Bonus = 1.7		
B =	Presentation =		<b>D Panel + E Panel = 9.4</b>
A =	<b>Start Value = 11.2</b>		

**D – Panel Comments:**

**E – Panel Comments:**



**NGJA Judges Report Form**

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** Horizontal Bar  
**ATHLETE:** Level 7 – 1

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal			0.5	0.1, 0.1	Free Hip through handstand Arms, Angle
Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip					
Tap swing forward to ¾ giant swing backward (baby giant), undershoot					
Swing backward, swing forward, kip to support, change both hands to undergrip					
Cast forward to one or more giant swings forward			0.5	0.1, 0.3	Endo Feet, angle
Giant swing forward with ½ turn (pirouette)				0.3	Angle
One or more giant swings backward			0.5	0.1,0.3	Toe on – Toe off Legs, angle
¾ giant swing backward (baby giant), undershoot to swing backward				NA	
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount			0.5, 0.2, 0.1		Flyaway from giant, Stick, Height

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =1.3	
D =	Element Groups =		
C =	Bonus = 2.3		
B =	Presentation =		<b>D Panel + E Panel = 10.5</b>
A =	<b>Start Value = 11.8</b>		



### NGJA Judges Report Form

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** Horizontal Bar  
**ATHLETE:** Level 7 – 2

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal			0.5	0.3	Free Hip to HS Angle
Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip				0.1	Legs
Tap swing forward to ¾ giant swing backward (baby giant), undershoot				.1	Hips
Swing backward, swing forward, kip to support, change both hands to undergrip					
Cast forward to one or more giant swings forward					
Giant swing forward with ½ turn (pirouette)				0.3, 0.1	Angle, Hand adj.
One or more giant swings backward			0.5	0.1, 0.1, 0.1,0.3	Toe on – Toe off Feet, Legs, Arms, Angle
¾ giant swing backward (baby giant), undershoot to swing backward				NA	
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount			0.5, 0.2, 0.1		Flyaway from giants, height, stick

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =1.5	
D =	Element Groups =		
C =	Bonus = 1.8		
B =	Presentation =		<b>D Panel + E Panel = 9.8</b>
A =	<b>Start Value = 11.3</b>		



### NGJA Judges Report Form

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** Horizontal Bar  
**ATHLETE:** Level 7 – 3

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal			0.5, 0.1	0.1, 0.1	Free hip to HS, Bk Uprise to 45 Legs, arms
Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip				0.1	Feet
Tap swing forward to ¾ giant swing backward (baby giant), undershoot				-1.0, 0.1, 0.1	Fall, legs, hips
Swing backward, swing forward, kip to support, change both hands to undergrip					
Cast forward to one or more giant swings forward				0.1,0.1	Arms, Legs
Giant swing forward with ½ turn (pirouette)				0.3	Angle
One or more giant swings backward			0.5	0.1,0.3	Legs, Angle
¾ giant swing backward (baby giant), undershoot to swing backward					
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount				.1, .3, .1	Position, Step, unsteadiness

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =2.9	
D =	Element Groups =		
C =	Bonus = 1.1		
B =	Presentation =		<b>D Panel + E Panel = 7.7</b>
A =	<b>Start Value = 10.6</b>		



**NGJA Judges Report Form**

**COMPETITION:** NGJA Course - Compulsory Analysis  
**EVENT:** Horizontal Bar  
**ATHLETE:** Level 7 – 4

Skills	Value (*)	Element Group	Bonus	Execution Deduction	Comments
From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal			0.5	0.1, 0.3, 0.1	Free hip to HS Legs, Angle, Arms
Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip				0.1	Feet
Tap swing forward to ¾ giant swing backward (baby giant), undershoot				0.1	Arms
Swing backward, swing forward, kip to support, change both hands to undergrip					
Cast forward to one or more giant swings forward				0.1	Legs
Giant swing forward with ½ turn (pirouette)				0.3	Angle
One or more giant swings backward			0.5	0.1,0.1	Toe on – Toe off Legs, Angle
¾ giant swing backward (baby giant), undershoot to swing backward				NA	
Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount			0.5, 0.1	0.1	Flyaway from giants, Height Step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 9.5	E1 =1.4	
D =	Element Groups =		
C =	Bonus = 1.6		
B =	Presentation =		<b>D Panel + E Panel = 9.7</b>
A =	<b>Start Value = 11.1</b>		