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| 2018 NGJA Course |
| JO Compulsory Routine Analysis |
| Judging Report |
| Horizontal Bar Routine Analysis |
| Judging Panel: |
| General Comments: |



NGJA Judges Report Form

COMPETITION: NGJA Course - Compulsory Analysis
EVENT: Horizontal Bar
ATHLETE: Level 4 – 1

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|----------|------------------------|--|
| From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip | | | | | |
| Pullover to support with spotter assistance | | | 0.5 | .1 | No spotter assistance, Rhythm |
| Cast to back hip circle to undershoot forward | | | 0.1, 0.5 | .1, .1, .1, .1 | Cast to Horizontal, Back Hip Circle Hips, arms, knees, hips |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | | |
| Swing backward and up-rise to hop with both hands, tap swing forward | | | | .1 | Amplitude |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | | |
| Swing backward to uprise and release hands dismounting to stand | | | | .1, .3 | Amplitude, step |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|----------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 = 1.0 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.1 | | |
| B = | Presentation = | | D Panel + E Panel = 9.6 |
| A = | Start Value = 10.6 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION: NGJA Course - Compulsory Analysis
EVENT: **Horizontal Bar**
ATHLETE: **Level 4 – 2**

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|-------|------------------------|-------------------------------|
| From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip | | | 0.1 | | Hollow body virt. +0.1 |
| Pullover to support with spotter assistance | | | 0.5 | | No spotter assistance |
| Cast to back hip circle to undershoot forward | | | 0.5 | .1, .1 | Back hip circle Hips, Hips |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | | |
| Swing backward and up-rise to hop with both hands, tap swing forward | | | | .3, .1 | Lack of amplitude, Feet |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | | |
| Swing backward to uprise and release hands dismounting to stand | | | 0.2 | .1, .1 | Stick Amplitude, feet |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|---------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =0.8 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.3 | | |
| B = | Presentation = | | D Panel + E Panel = 10.0 |
| A = | Start Value = 10.8 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION: NGJA Course - Compulsory Analysis
EVENT: **Horizontal Bar**
ATHLETE: **Level 4 – 3**

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|-------|------------------------|----------------------------------|
| From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip | | | | .3, .3, .1 | Legs on lift to bar, Legs, Knees |
| Pullover to support with spotter assistance | | | | .5, .3 | Legs, Knees |
| Cast to undershoot forward | | | | .3, .1, .5, .3 | Height, Legs, Legs, amp |
| Swing backward, tap swing forward | | | | .5, .3 | Legs, height |
| Swing backward, tap swing forward | | | | .5, .1 | Legs, height |
| Swing backward and up-rise to hop with both hands, tap swing forward | | | | .5, .5 | Legs, no hop |
| Swing backward, tap swing forward | | | | .5 | Legs |
| Swing backward, tap swing forward | | | | .5 | Legs |
| Swing backward to uprise and release hands dismounting to stand | | | 0.2 | .3, .3 | Stick Legs, amplitude |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|-------------------|---------|---|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =6.7 | |
| D = | Element Groups = | | |
| C = | Bonus = 0.2 | | |
| B = | Presentation = | | D Panel + E Panel = 3.0 (or local mercy score) |
| A = | Start Value = 9.7 | | |

D – Panel Comments:

E – Panel Comments:

No Hop is a 0.5 routine composition error, does not lose value for the part.



NGJA Judges Report Form

COMPETITION: NGJA Course - Compulsory Analysis
EVENT: Horizontal Bar
ATHLETE: Level 4 – 4

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|-------|------------------------|---|
| From a still hang in overgrip, hanging ½ turn to mixed grip, change second hand to overgrip | | | | .1 | Feet |
| Pullover to support with spotter assistance | | | 0.5 | .1, .1 | No spotter assistance Rhythm, legs |
| Cast to back hip circle to undershoot forward | | | 0.5 | .1, .3, .1, .3 | Back hip circle Position, Hips, arms, hips |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | | Swing bwd. horiz. +0.1 virt. |
| Swing backward and up-rise to hop with both hands, tap swing forward | | | | .1 | Lack of amplitude |
| Swing backward, tap swing forward | | | | .1 | Legs |
| Swing backward, tap swing forward | | | | -1.0 | Missing swing |
| Swing backward to uprise and release hands dismounting to stand | | | | .1, .3, .1 | Legs, amplitude, step |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|--------------------------|----------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 = 1.8 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.0 | | |
| B = | Presentation = -1.0 | | D Panel + E Panel = 7.7 |
| A = | Start Value = 9.5 | | |

D – Panel Comments: Missing Swing -1.0

E – Panel Comments:



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 5 – 1

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|-------|------------------------|---------------------------------------|
| Pullover to support | | | | | |
| Cast to back hip circle to undershoot forward | | | | .1, .1 | (Free hip? Tough video angle) Arms |
| Swing backward, tap swing forward with ½ turn to mixed grip | | | | .1 | Position |
| Tap swing forward, swing backward and change hand to double overgrip | | | | | |
| Swing forward and kip to support. Momentary stop in support is allowed. | | | | .1 | Arms |
| Cast to undershoot forward | | | | .1, .1 | Feet, Arms |
| Swing backward, swing forward to swinging pullover to undershoot | | | 0.5 | .1 | Swinging Pullover Hips |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | | |
| Swing backward to up-rise and release hands dismounting to stand | | | 0.2 | | |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =0.7 | |
| D = | Element Groups = | | |
| C = | Bonus = 0.7 | | |
| B = | Presentation = | | D Panel + E Panel = 9.5 |
| A = | Start Value = 10.2 | | |

D – Panel Comments:

E – Panel Comments:

NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 5 – 2

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|----------|------------------------|---|
| From a hang position in over-grip, pullover to support | | | | | |
| Cast to back hip circle to undershoot forward | | | 0.5 | | Free hip circle |
| Swing backward, tap swing forward with ½ turn to mixed grip | | | | | |
| Tap swing forward, swing backward and change hand to double overgrip | | | | | |
| Swing forward and kip to support. Momentary stop in support is allowed. | | | | | |
| Cast to undershoot forward | | | | .1 | Feet |
| Swing backward, swing forward to swinging pullover to undershoot | | | 0.5 | .1 | Swinging Pullover Feet |
| Swing backward, tap swing forward | | | 0.1 | | Swing backward or forward to horizontal |
| Swing backward, tap swing forward | | | 0.1 | | Swing backward or forward to horizontal |
| Swing backward to up-rise and release hands dismounting to stand | | | 0.5, 0.2 | .1, .1 | Flyaway, Stick Height, Posture |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|---------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =0.4 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.9 | | |
| B = | Presentation = | | D Panel + E Panel = 11.0 |
| A = | Start Value = 11.4 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION: NGJA Course - Compulsory Analysis
EVENT: **Horizontal Bar**
ATHLETE: **Level 5 – 3**

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|----------|------------------------|---|
| From a hang position in over-grip, pullover to support | | | | .1, .1 | Form, rhythm |
| Cast to back hip circle to undershoot forward | | | | .1, .1 | Hips, Arms |
| Swing backward, tap swing forward with ½ turn to mixed grip | | | | .1 | Legs |
| Tap swing forward, swing backward and change hand to double overgrip | | | | | |
| Swing forward and kip to support. Momentary stop in support is allowed. | | | | 0.3 | Form |
| Cast to undershoot forward | | | | 0.1, 0.1 | Legs, Hips |
| Swing backward, swing forward to swinging pullover to undershoot | | | 0.5 | .1, .1, .1 | Swinging Pullover Rhythm, Legs, Hips |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | .1 | Legs |
| Swing backward to up-rise and release hands dismounting to stand | | | 0.5, 0.2 | .1, .1, .1 | Flyaway, Stick Height, Legs, Did not bring feet together |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|----------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 = 1.7 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.2 | | |
| B = | Presentation = | | D Panel + E Panel = 9.0 |
| A = | Start Value = 10.7 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION: NGJA Course - Compulsory Analysis
EVENT: **Horizontal Bar**
ATHLETE: **Level 5 – 4**

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|-------|------------------------|---|
| From a hang position in over-grip, pullover to support | | | | .1 | Legs |
| Cast to back hip circle to undershoot forward | | | | | |
| Swing backward, tap swing forward with ½ turn to mixed grip | | | | .1 | Legs |
| Tap swing forward, swing backward and change hand to double overgrip | | | | | |
| Swing forward and kip to support. Momentary stop in support is allowed. | | | | .1 | Legs |
| Cast to undershoot forward | | | | 0.1 | Legs |
| Swing backward, swing forward to swinging pullover to undershoot | | | 0.5 | .1, .1, .3, .1 | Swinging Pullover Legs, Rhythm Hips, arms |
| Swing backward, tap swing forward | | | | | |
| Swing backward, tap swing forward | | | | | |
| Swing backward to up-rise and release hands dismounting to stand | | | 0.2 | | Stick |
| | | | | | |
| | | | | | |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =1.0 | |
| D = | Element Groups = | | |
| C = | Bonus = 0.7 | | |
| B = | Presentation = | | D Panel + E Panel = 9.2 |
| A = | Start Value = 10.2 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION: NGJA Course - Compulsory Analysis
EVENT: **Horizontal Bar**
ATHLETE: **Level 6 – 1**

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|-------|------------------------|---------------------|
| From hang position in undergrip, pullover to support | | | | | |
| Cast forward to ¾ giant swing forward | | | 0.5 | 0.3 | Front Giant Legs |
| Hop both hands simultaneously to double overgrip | | | | | |
| Tap swing forward with ½ turn to mixed grip, tap swing forward in mixed grip | | | | .1 | Legs |
| Swing backward in mixed grip, change hand to double overgrip | | | | | |
| Swing forward, kip to support | | | | 0.1 | Feet |
| Cast to ¾ giant swing backward (baby giant) | | | 0.5 | 0.3 | Back Giants Legs |
| Undershoot to swing backward | | | | 0.1,0.1 | Arms, Hips |
| Tap swing forward, swing backward | | | | 0.1 | Height |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | 0.2 | | Stick |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =1.1 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.2 | | |
| B = | Presentation = | | D Panel + E Panel = 9.6 |
| A = | Start Value = 10.7 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 6 – 2

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|----------|------------------------|----------------------------------|
| From hang position in undergrip, pullover to support | | | | | |
| Cast forward to ¾ giant swing forward | | | 0.5, 0.1 | .1 | Front Giants, Cast to 45 Arms |
| Hop both hands simultaneously to double overgrip | | | | | |
| Tap swing forward with ½ turn to mixed grip, tap swing forward in mixed grip | | | 0.1 | | Turn at horizontal |
| Swing backward in mixed grip, change hand to double overgrip | | | | | |
| Swing forward, kip to support | | | | | |
| Cast to ¾ giant swing backward (baby giant) | | | 0.5, 0.5 | 0.1,0.1 | Free Hip, Back Giants Arms, arms |
| Undershoot to swing backward | | | | 0.1 | Arms |
| Tap swing forward, swing backward | | | | | |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | | .3 | Hop |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|---------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =0.7 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.2 | | |
| B = | Presentation = | | D Panel + E Panel = 10.5 |
| A = | Start Value = 11.2 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 6 – 3

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|--|--------------|------------------|----------|------------------------|--------------------------|
| From hang position in undergrip, pullover to support | | | | | |
| Cast forward to $\frac{3}{4}$ giant swing forward | | | 0.5, 0.1 | | Front Giants, Cast to 45 |
| Hop both hands simultaneously to double overgrip | | | | 0.1 | Feet |
| Tap swing forward with $\frac{1}{2}$ turn to mixed grip, tap swing forward in mixed grip | | | 0.1 | | Turn at horizontal |
| Swing backward in mixed grip, change hand to double overgrip | | | | | |
| Swing forward, kip to support | | | | | |
| Cast to $\frac{3}{4}$ giant swing backward (baby giant) | | | 0.5, 0.5 | 0.1 | Arms |
| Undershoot to swing backward | | | | 0.1 | Hips |
| Tap swing forward, swing backward | | | | | |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | | .1, .1, .1 | Height, Posture, Step |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|----------|---------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 = 0.6 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.7 | | |
| B = | Presentation = | | D Panel + E Panel = 10.6 |
| A = | Start Value = 11.2 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 6 – 4

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|---|--------------|------------------|----------|------------------------|---|
| From hang position in undergrip, pullover to support | | | | 0.1 | Legs |
| Cast forward to ¾ giant swing forward | | | 0.5 | .1, .1, .1 | Front Giants Arms, position, arms |
| Hop both hands simultaneously to double overgrip | | | | 0.1 | Feet |
| Tap swing forward with ½ turn to mixed grip, tap swing forward in mixed grip | | | | 0.1,0.1 | Arms, position |
| Swing backward in mixed grip, change hand to double overgrip | | | | | |
| Swing forward, kip to support | | | | 0.1 | Arms |
| Cast to ¾ giant swing backward (baby giant) | | | 0.5, 0.5 | 0.1,0.1,0.1, 0.1 | Free Hip, Back Giants Position, arms, arms, arms |
| Undershoot to swing backward | | | | .1, .1 | Arms, Height |
| Tap swing forward, swing backward | | | | .1 | Height |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | 0.2 | .1, .1, .1 | Stick Height, Legs, Did not bring feet together |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =1.8 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.7 | | |
| B = | Presentation = | | D Panel + E Panel = 9.4 |
| A = | Start Value = 11.2 | | |

D – Panel Comments:

E – Panel Comments:



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 7 – 1

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|--|--------------|------------------|------------------|------------------------|---|
| From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal | | | 0.5 | 0.1, 0.1 | Free Hip through handstand Arms, Angle |
| Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip | | | | | |
| Tap swing forward to ¾ giant swing backward (baby giant), undershoot | | | | | |
| Swing backward, swing forward, kip to support, change both hands to undergrip | | | | | |
| Cast forward to one or more giant swings forward | | | 0.5 | 0.1, 0.3 | Endo Feet, angle |
| Giant swing forward with ½ turn (pirouette) | | | | 0.3 | Angle |
| One or more giant swings backward | | | 0.5 | 0.1, 0.3 | Toe on – Toe off Legs, angle |
| ¾ giant swing backward (baby giant), undershoot to swing backward | | | | NA | |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | 0.5, 0.2, 0.1 | | Flyaway from giant, Stick, Height |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|----------|---------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 = 1.3 | |
| D = | Element Groups = | | |
| C = | Bonus = 2.3 | | |
| B = | Presentation = | | D Panel + E Panel = 10.5 |
| A = | Start Value = 11.8 | | |



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 7 – 2

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|--|--------------|------------------|---------------|------------------------|--|
| From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal | | | 0.5 | 0.3 | Free Hip to HS Angle |
| Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip | | | | 0.1 | Legs |
| Tap swing forward to ¾ giant swing backward (baby giant), undershoot | | | | .1 | Hips |
| Swing backward, swing forward, kip to support, change both hands to undergrip | | | | | |
| Cast forward to one or more giant swings forward | | | | | |
| Giant swing forward with ½ turn (pirouette) | | | | 0.3, 0.1 | Angle, Hand adj. |
| One or more giant swings backward | | | 0.5 | 0.1, 0.1, 0.1, 0.3 | Toe on – Toe off Feet, Legs, Arms, Angle |
| ¾ giant swing backward (baby giant), undershoot to swing backward | | | | NA | |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | 0.5, 0.2, 0.1 | | Flyaway from giants, height, stick |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|----------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 = 1.5 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.8 | | |
| B = | Presentation = | | D Panel + E Panel = 9.8 |
| A = | Start Value = 11.3 | | |



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 7 – 3

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|--|--------------|------------------|----------|------------------------|---|
| From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal | | | 0.5, 0.1 | 0.1, 0.1 | Free hip to HS, Bk Uprise to 45 Legs, arms |
| Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip | | | | 0.1 | Feet |
| Tap swing forward to ¾ giant swing backward (baby giant), undershoot | | | | -1.0, 0.1, 0.1 | Fall, legs, hips |
| Swing backward, swing forward, kip to support, change both hands to undergrip | | | | | |
| Cast forward to one or more giant swings forward | | | | 0.1,0.1 | Arms, Legs |
| Giant swing forward with ½ turn (pirouette) | | | | 0.3 | Angle |
| One or more giant swings backward | | | 0.5 | 0.1,0.3 | Legs, Angle |
| ¾ giant swing backward (baby giant), undershoot to swing backward | | | | | |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | | .1, .3, .1 | Position, Step, unsteadiness |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =2.9 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.1 | | |
| B = | Presentation = | | D Panel + E Panel = 7.7 |
| A = | Start Value = 10.6 | | |



NGJA Judges Report Form

COMPETITION:

NGJA Course - Compulsory Analysis

EVENT:

Horizontal Bar

ATHLETE:

Level 7 – 4

| Skills | Value (*) | Element Group | Bonus | Execution Deduction | Comments |
|--|--------------|------------------|----------|------------------------|-------------------------------------|
| From hang or small preliminary swing in overgrip, cast forward (stemme) to a back up-rise, free hip circle at horizontal | | | 0.5 | 0.1, 0.3, 0.1 | Free hip to HS Legs, Angle, Arms |
| Tap swing forward with ½ turn or hop ½ turn to both hands in overgrip | | | | 0.1 | Feet |
| Tap swing forward to ¾ giant swing backward (baby giant), undershoot | | | | 0.1 | Arms |
| Swing backward, swing forward, kip to support, change both hands to undergrip | | | | | |
| Cast forward to one or more giant swings forward | | | | 0.1 | Legs |
| Giant swing forward with ½ turn (pirouette) | | | | 0.3 | Angle |
| One or more giant swings backward | | | 0.5 | 0.1,0.1 | Toe on – Toe off Legs, Angle |
| ¾ giant swing backward (baby giant), undershoot to swing backward | | | | NA | |
| Tap swing forward to salto backward (flyaway) tucked, piked or stretched dismount | | | 0.5, 0.1 | 0.1 | Flyaway from giants, Height Step |

| Difficulty | D Panel | E Panel | Final Score |
|------------|---------------------------|---------|--------------------------------|
| G = | | | |
| F = | | | |
| E = | Difficulty = 9.5 | E1 =1.4 | |
| D = | Element Groups = | | |
| C = | Bonus = 1.6 | | |
| B = | Presentation = | | D Panel + E Panel = 9.7 |
| A = | Start Value = 11.1 | | |