

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE

MTC NEWSLETTER #30



By Mr. Steve BUTCHER, President of the Men's Technical Committee
25 February 2016

The FIG MTC has made the following interpretations and decisions regarding the MAG Code of Points for this cycle after the 2015 World Championships and recent MTC meetings. The information below is separated into several distinct sections.

Note: There are no official videos presented in this newsletter. The MTC decided not to show any videos because they may potentially highlight specific individual errors shown by gymnasts competing in the final two major competitions of the cycle.

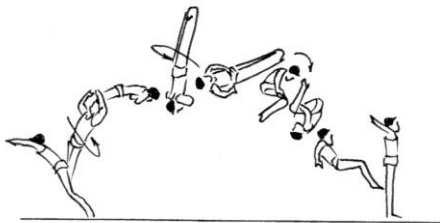
I. 2015 New Elements Submitted, Performed, and Name Awarded:

The FIG MTC confirms the names for the following elements performed at the 2015 World Championships and during other 2015 competitions. Several new elements presented in the following section may have been performed with some execution deductions during competition, but were all recognized for value by the D-Jury and later confirmed by MTC video review.

Floor Exercise:

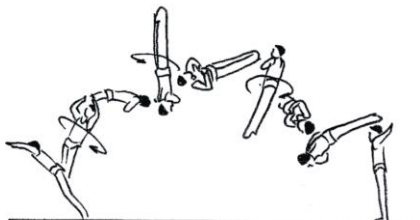
KOROSTELJEV, Andrej (CRO)

- Salto backward stretched with 3/2 t. and salto forward tucked
- D value (EG III) – Was performed at the 2015 World Challenge Cup Osijek (CRO)
- Same box as Double salto backward tucked with 3/2 t. (Element III.4)
- Name awarded: KOROSTELJEV (Element III.4)
- Note: No new double salto elements with mixed body positions will be available for naming or value



SHIRAI, Kenzo (JPN)

- Double salto backward stretched with 3/1 t.
- H value (EG III) – Was performed at the 2015 Toyota Cup (JPN)
- Name awarded: SHIRAI 3 (Element III.42)

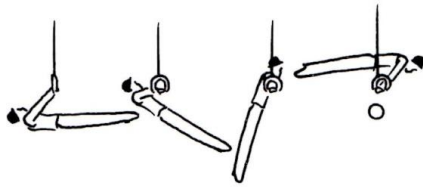




Rings:

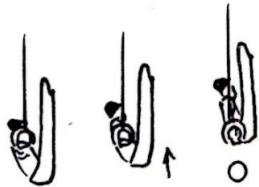
PHAM, Phuoc Hung (VIE)

- Pull with straight arms and body through momentary front lever through Cross to Support Scale (2 sec.), or PINEDA through Cross to Support Scale (2 sec.)
- D value (EG IV) – Was performed at the 2015 World Championships Glasgow (GBR)
- Name awarded: PHAM (Element IV.46)



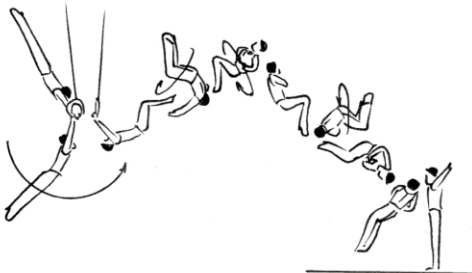
TSUKAHARA, Naoya (AUS)

- From V Cross, press to V-sit (2 sec.)
- D value (EG IV) – Was performed at the 2015 World Championships Glasgow (GBR)
- Name awarded: TSUKAHARA 3 (Element IV.100)



TUUHA, Tomi (FIN)

- Double salto backward tucked with 5/2 t.
- F value (EG V) – Was performed at the 2015 World Challenge Cup Ljubljana (SLO)
- Name awarded: TUUHA (element V.42)

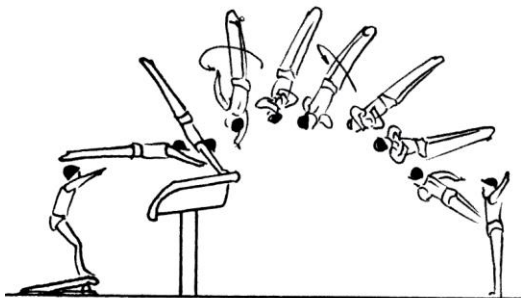




Vault:

TSYGANKOV, Matvey (RUS)

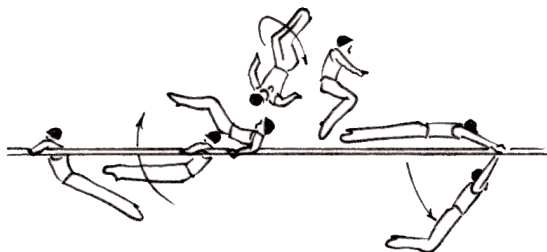
- Forward Handspring with 5/2 t.
- 4.0 value (EG I) – Was performed at the 2015 Voronin Cup Moscow (RUS)
- Name awarded: TSYGANKOV (Element I.6)



Parallel Bars:

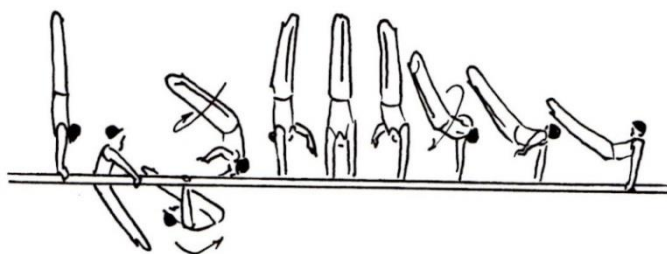
DALTON, Jacob (USA)

- From upper arm hang, roll backward with ½ t. tuck to hang, or Harada to hang
- E value (EG II) – Was performed during 2015 World Challenge Cup Doha (QAT)
- Name awarded: DALTON (Element II.17)



YAMAMURO, Koji (JPN)

- Basket with ¾ turn to handstand and ¾ Healy to support
- G value (EG IV) – Was performed during 2015 Asian Championships Hiroshima (JPN)
- Name awarded: YAMAMURO (Element IV.24)

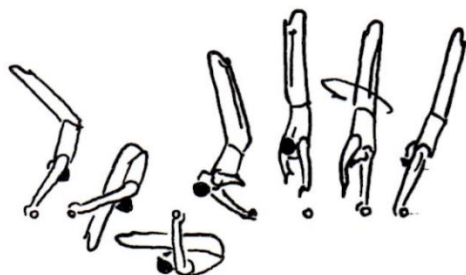




Horizontal Bar:

FUENTES, Jose Luis (VEN)

- Adler with hop 1/1 turn through handstand to el-grip, or BALDAUF to el-grip
- E value (EG IV) – Was performed during 2015 Pan American Games, Toronto (CAN)
- Same box as Adler with 1/1 through handstand to undergrip (Element IV.5)
- Name awarded: FUENTES (Element IV.5)



II. Elements submitted in 2015, but NO NAME AWARDED because of similarity to elements already listed in the Code of Points or large execution errors during performance in competition:

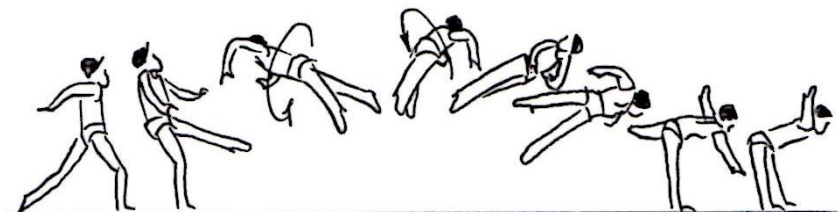
Floor Exercise:

BEHAN, Kieran (IRL)

Backward butterfly with 1/1 twist

B value (EG I)

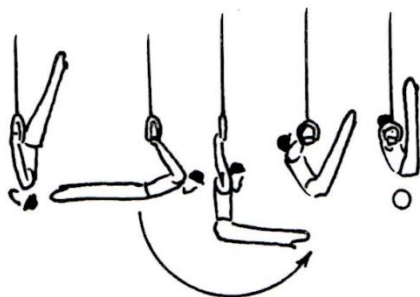
Same box as Butterfly with 1/1 twist (TONG Fei, Element I.92)



Rings:

TSUKAHARA, Naoya (AUS)

- Li Ning to V Cross (2 sec.)
- D value (Element III.16)

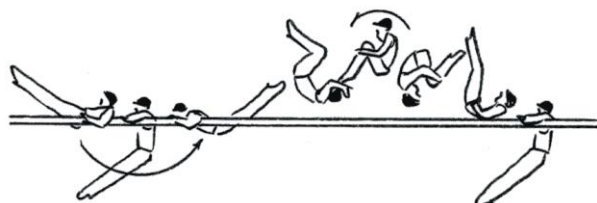




Parallel Bars:

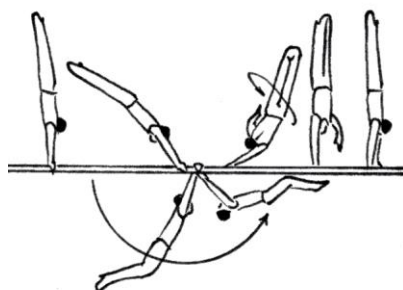
SHAULOV, Eduard

- From upper arm hang, double salto forward tucked to upper arm hang
- E value (Element II.41)



LEYVA, Danell (USA)

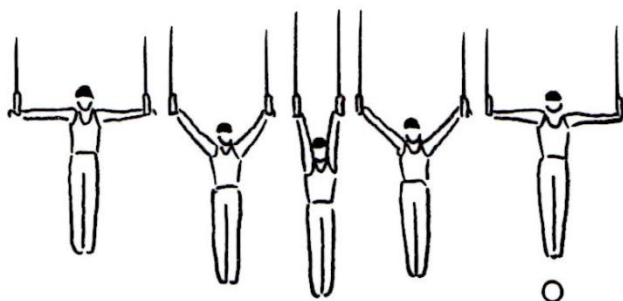
- Giant swing backward with Diamidov to handstand on one bar (1 sec.)
- E value (Element III.35)
- May upgrade a connecting Healy type element



III. New elements submitted in 2015, but not performed, therefore no name awarded:

NGUYEN, Marcel (GER)

- From Cross lower slowly with straight arms to hang and pull with straight arms to Cross (2 sec.)
- C value (EG IV)
- Same box as From sup., lower slowly with str. arms to hang, and pull with str. arms to Cross (2 sec.) (Li Xiaoshuang, IV.63)





CALVO, Jossimar (COL)

- Dismount: From hang on end, double salto backward tucked with 2/1 twist
- F value (EG V.48)

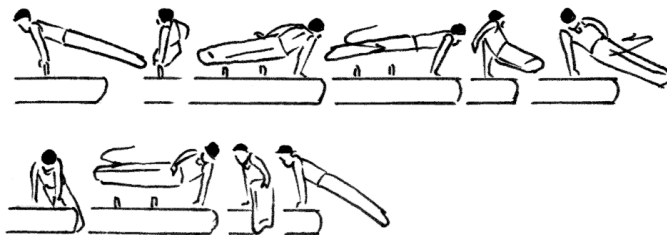


IV. Elements named retroactively, already listed in Code of Points:

Pommel Horse:

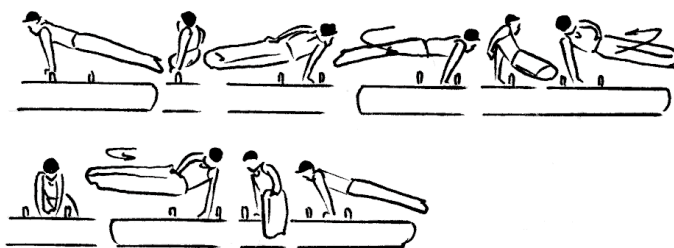
SELLATHURAI, Prashanth (AUS)

- Cross support 1/1 spindle within max. 2 circles with 1/3 travel
- D value (Element II.34)
- Name awarded: SELLATHURAI



SELLATHURAI, Prashanth (AUS)

- Cross support 1/1 spindle with hands between the pommels max. 2 circles with 1/3 travel
- E value (Element II.35)
- Name awarded: SELLATHURAI 2

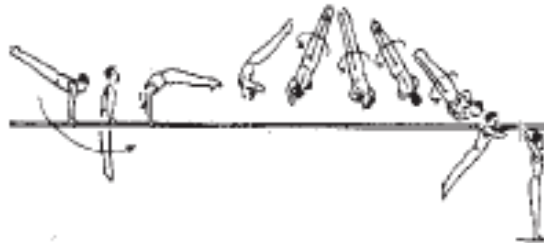




Parallel Bars:

KAN, Andrei (BLR)

- Salto backward stretched with 2/1 t.
- D value (Element V.22)
- Name awarded: KAN



GIRALDO, Jorge (COL)

- Moy and salto forward tuck, straddle, or pike to upper arm hang
- D value (Element III.10)
- Name awarded: GIRALDO



V. Element submitted for retroactive naming, but not accepted:

Pommel Horse

GUERASKOV, Lubomir (BUL)

- Requested the naming of an element retroactively
- Requested element: Reverse Stockli or DSA to handstand and return to flairs or circles (D value), EG II.
- After review of the submitted video, the MTC determined no Reverse Stockli or DSA was shown. Therefore the element in the video is already in the Code of Points as Flair or circle through hdst. (with or without ½ t.) and lower to flair or circle (Tippelt).



VI. Other apparatus interpretations & clarifications:

Pommel Horse:

A. Pommel Horse is the only apparatus where a dismount may be repeated (one time only) if the gymnast determines he may not have received credit because of a fall or a large deduction. This must be done within the allowable time. If the gymnast steps off the podium (this includes the stairs), the exercise is terminated.

B. All Sohn and Bezugo type elements from a stand (and not from a circle element) will be valued two letters lower than the value from the listed element in the Code of Points.

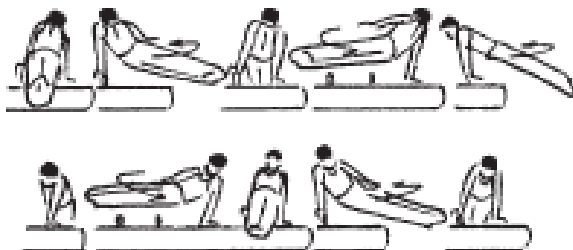
C. Page 59 3j. A maximum of two (3/3) cross support travels (forwards and/or backwards) are permitted during the exercise. This rule applies to the following six travels ONLY:

- III.45 Travel fwd.in cross support with support on leather, pommel, pommel, leather(3/3) (1-2-4-5), C value
- III.46 Any other travel fwd. in cross support to other end (3/3) (Magyar), D value
- III.47 3/3 cross support travel fwd. with hop (Driggs), E value
- III.51 Fr. cr. sup. on end, tr. fwd. in 2 circles to 1st p., to 2nd p., with ¼ turn to side sup. on other end (3/3) (Bilozherchev), C value
- III.57 Travel bwd.in cross sup with support on leather, pommel, pommel, leather(3/3) (5-4-2-1), C value
- III.58 Any other travel bwd. in cross support to other end (3/3) (Sivado), D value

i.e. Nin Reyes type elements (3/3 travel with spindle) are NOT considered with this rule.

D. Add description to Schwabenflanke in the Code of Points

- A value, Element IV.43
- Similar to Czechkehre on the leather but with use of one or two pommels
- Note: Czechkehre on the leather means no use of the pommels



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E. 1/1 Spindles

There are two D value 1/1 Spindles (EG II) in the Code of Points:

- Any side support 1/1 spindle w. legs strad. inside max. 2 circles- Element II.28
- Any cross support 1/1 spindle within max. 2 circles. (also with 1/3, 1/2 or 2/3 travel) (Magyar)- Element II.34

Both may be performed in the same exercise.

Note: Any element on Pommel Horse in the Code of Points can be performed with legs together or straddled (flair) for the same value and same box. This means Element II.28 can be performed several different ways:

- With legs together, side support 1/1 spindle inside max 2 circles
- With legs straddled, side support 1/1 spindle inside max 2 circles
- With legs straddled, side support 1/1 spindle inside max 2 circles with hands outside of one pommel

F. Lowering of Legs on Swings to Handstands

The table below shows the actions to be taken for lowering of the legs during swings to handstand:

E-Jury & D-Jury action	Angle Deviation from original position
-0.1 small	0-15°
-0.3 medium	16°-30°
-0.5 large	31°-45°
-0.5 large & non-recognition	>45°

Note: These deductions should also be applied to other apparatus for swing or strength to handstand elements.

G. No additional elements may be added to increase the value of these elements:

- Kehre fwd., rev. Stöckli, kehre fwd. (Element IV.4, Moguilny)
- Kehre bwd., kehre fwd., kehre bwd. (Element IV.16, Belenki)

Rings:

A. False grip (description): A false grip is performed with the wrists bent in order to gain an advantage in performing a strength element, deduction -0.1 each time

No false grip: straight wrists with or without the fingers of the hands wrapped around the Rings.

Note: The position of the Rings with straight wrists and open hands does not change this evaluation.

Parallel Bars:

A. No straddle element to one bar can receive an increase in difficulty value, i.e. Tippelt, Arican, etc.

B. The deduction for lack of extension before regripping after saltos means the extension (opening) should be at horizontal (bar height).



C. How to evaluate Makuts type elements with a pause or stop during the first part of the element:

Performance	D-jury	E-jury
Pause after first part of element	Give value	-0.1 for Pausing or Stopping in Handstand
One second hold after first part of element (less than 2 seconds)	Give value	-0.3 for Pausing or Stopping in Handstand
Two second hold after first part of element	No value	-0.5 for Pausing or Stopping in Handstand

For example: Makuts to handstand with less than a one second hold after the $\frac{3}{4}$ Diamidov and then $\frac{3}{4}$ Healy = E value and -0.1 for Pausing or Stopping in handstand

Note: These pausing or stopping in handstand deductions can also be applied for various combined type elements on Pommel Horse and Horizontal Bar.

i.e. Busnari on Pommel Horse with a stop for 2 seconds in the handstand before the turning and returning to flairs= no value and -0.5 for pausing or stopping in handstand (plus other potential deductions)

D. All Healys must have 360° or more turns to be recognized as a Healy type element.

i.e. From a swing element (minimum B value) to handstand on one bar sideways, requires a Healy (450° turn) to support for an E value.

Note: A $\frac{3}{4}$ Healy, from sideways position, is a B value and same box as Element I.44.

Horizontal Bar:

A. Rybalko to one arm with additional 1/2 or 1/1 turn

Numerous variations of these elements have been proposed. The MTC will not permit any additional turning in order to raise the value of any Code of Points listed elements performed on one arm for the safety of all gymnasts.

B. Giant swing bwd. with hop 3/2 t. to one arm giant swing (Rybalko to one arm giant swing) is the same value and box as Rybalko to undergrip or mixed el-grip (Element: I.63)

Note: This rule also applies to all Stalder Rybalko type elements

C. One arm giant swing fwd. w. 1/1 t. to el-grip and 1/1 t. to ugr. (Zou Li Min, Element I.27) cannot be combined with any other element for an increase in value

D. Endo in el-grip thr. hdst. (Element IV.39): As long as the hands are in el-grip during the entry of the legs, a hop out to undergrip, mixed grip, or overgrip afterward is permitted without a loss of value.

E. How to determine evaluate el-grip combinations

An El-grip giant swing (Element IV.14) and Giant swing rearways fwd. (Russian giant, Element IV.15) only require going over the top of the bar in el-grip to receive their listed value. No specific amount of a giant swing in el-grip is required in order for the element to be recognized.

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Sequence examples:

1. Adler to 50° from handstand, swing in-elgrip through the bottom and over the top, swing in elgrip through the bottom and hop out to undergrip= No value for Adler (and -0.5 angle deduction) and B value el-grip giant

2. Adler to handstand, swing in el-grip through the bottom and over the top into el-grip Endo, swing through the bottom in el-grip Endo, and hop out to undergrip= C value Adler, B value el-grip giant, C value el-grip Endo

F. Flights elements with ½ turns to mixed el-grip must have more than 50% of the turn completed upon catching the bar in order to receive no deduction while continuing to back uprise to handstand. E-jury deductions of small, medium, large should be applied for any insufficient turning upon catching the bar.

G. Stoop circle fwd. to straddle cut to hang or sup. (Element II.1)- Gymnast may enter at any angle from a giant swing or swing forward

H. Add Weiler ½ thr. hdstd. as Box III.8 (B value,) different element than Weiler thr. hdstd. (Element III.2)

With compliments,

Steve Butcher
MTC President

Arturs Mickevics
MTC Secretary