



**USA GYMNASTICS**

## **NGJA Judges Report Form**

<b>Mentor Program Practical</b>	
<b>Event</b>	High Bar
<b>Judge 1 (D1/E1)</b>	S. Nakamori
<b>Judge 2 (D2/E2)</b>	D. Schott
<b>Judge 3 (E3)</b>	S. Schaffer
<b>Judge 4</b>	D. Johnson

**Overview & Event Commentary:**

**Routine: HB 1**

<https://www.youtube.com/watch?v=aMcWzrAC9W0>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Mount	x	x		.3	more than 3 swings
Yamawaki	C	II		.1	pike
Gienger	C	II	.1	.3, .1, .1	arm on catch, body positions, legs
Endo	B	III		.3, .1	rhythm, use of strength
Full to Mix	NR	Repetition		.5	low catch (nr bc special rep)
Front Giant	x				
Pirouette	x				
Back Giant	x				
Layout Tkatchev	D	II		.1, .1	slight pike, arch on giant out
Lynch	C	II		.1	body position on giant out
Adler 1/1	D	III		.1	angle
Full to El-Grip	C	I		.5	angle (close to 90 degrees)
El-Grip	B	I			
Adler 1/2	D	III		.3, .1	angle, off axis
Double Layout 1/1	D	IV		.1, .1, .1	pike, no preparation, lack of control

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 3.2	E1 = 3.5	<b>Dismount stuck = N/A</b>
D = 4	Element Groups = 2.0	E2 = 3.6	
C = 4	Connection Bonus = .1	E3 = 3.8	
B = 2	Presentation =	E4 = 3.1	<b>D Panel + E Panel = N/A</b>
A =	<b>Start Value = 15.3</b>	Avg =	

**D – Panel Comments:**

**E – Panel Comments:**

**Routine: HB 2**

<https://www.youtube.com/watch?v=QyEXj-VXdWc>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Mount	x	x		.3	more than 3 swings
Uprise Pirouette	A	I		.1	angle
Back Giant	x	I			
Stoop in Toss	C	III			
Czech Giant	D	I			
Steineman	B	III			
Stoop Out	x			.1, .1	flex feet, knees
Stalder	B	III		.1	angle
Layout Tkatchev	D	II		.1, .1, .1	knees on tap, pike, legs on catch
Lynch	C	II	.1	.1, .1, .3, .1	knees on catch, lack of turn, bent elbows, use of strength
Front Giant	x			.1	hand shift
Adler Half	D	III		.1	knees on entry
Moznik	NR	Repetition		.1, .1, .1	pike, toes, legs on catch
Jam	C	III			
El Grip Endo	NR				NR because no giant through
Double Double Layout	E	IV		.1, .3, .1	knees on tap, pike down, hop

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E = 1	Difficulty = 3.1	E1 = 2.6	<b>Dismount stuck = N/A</b>
D = 3	Element Groups = 2.0	E2 = 2.8	
C = 3	Connection Bonus = .1	E3 = 2.6	
B = 1	Presentation =	E4 = 2.7	<b>D Panel + E Panel = N/A</b>
A = 2	<b>Start Value = 15.2</b>	Avg =	

**D – Panel Comments:**

**E – Panel Comments:**

**Routine: HB 3**

<https://www.youtube.com/watch?v=h9aoVT8xHGg>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Mount	x	x		.3	more than 3 swings
Voronin	B	II			
Kip Cast Handstand	A	III		.1, .3	rhythm, past handstand
Front Giant	A	I			
Zou li min	C	I		.1	drift past handstand
One Arm Giant	B	I		.3, .1	past handstand on pirouette, hand shift on finish
Tkatchev	C	II			
Higgins to El-Grip	B	I		.5	angle (close to 90)
El-Grip Giant	B	I			
Hop Out	x	x		.3	past handstand
Pirouette	NR	x		.3	angle (too many EG I)
Double Layout Full Out	D	IV		.1, .3	pike, large step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 2.0	E1 = 2.7	<b>Dismount stuck = N/A</b>
D = 1	Element Groups = 2.0	E2 = 2.2	
C = 2	Connection Bonus =	E3 = 2.4	
B = 4	Presentation =	E4 = 1.9	<b>D Panel + E Panel = N/A</b>
A = 2	<b>Start Value = 14.0</b>	Avg =	

**D – Panel Comments:**

**E – Panel Comments:**

**Routine: HB 4**

[https://www.youtube.com/watch?v=ps\\_pjFhe5hw](https://www.youtube.com/watch?v=ps_pjFhe5hw)

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Pozzo	C	II		.1, .1	body position, use of strength
Pirouette	A	I		.3, .1	angle, hand shift on giant out
Moznik	D	II		.1, .1	pike, use of strength on way out
Adler Half	D	III		.3	angle
Lynch	C	II		.1, .1	not enough turn on catch, use of strength on way out
Adler Full	D	III		.1, .1	body position, axis
Yamawaki	NR	x		.1, .1	knees on release, pike (repetition)
Giant	A	I		.1	body position
Blind Change	x	x		.1	angle/drift
Endo	B	III		.1	early entry
Full to El-Grip	C	I		.5	angle
Endo	NR	x		.1	use of strength (repetition)
Endo	NR	x			(repetition)
Pirouette	x	x		.3	angle
Double Double Layout	E	IV		.1,.1, .3	knees in air, pike, hop

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 3.0	E1 = 3.4	<b>Dismount stuck = N/A</b>
D =	Element Groups = 2.0	E2 = 3.0	
C =	Connection Bonus =	E3 = 3.2	
B =	Presentation =	E4 = 2.9	<b>D Panel + E Panel = N/A</b>
A =	<b>Start Value = 15.0</b>	Avg =	

**D – Panel Comments:**

**E – Panel Comments:**

**HB 5**<https://www.youtube.com/watch?v=WpmSp4rkllE>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Mount	x	x		.3	more than 3 swings
Vault Catch	B	II		.1, .1	loose legs and off axis on catch
Kip Cast Handstand	A	III		.3, .1	pike to handstand, drift past vertical
Front Giant	A	I			
Adler	C	III		.1, .1	rhythm, angle
El-Grip	B	I			
Endo	B	III		.1, .1	legs, toes
Pirouette	A	I		.3	angle
Back Giant	A	I			
Double Layout	C	IV		.3, .3	pike, hop

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 1.6	<b>E1 = 2.2</b>	<b>Dismount stuck = N/A</b>
D =	Element Groups = 1.8	E2 = 2.3	
C = 2	Connection Bonus =	E3 = 2.0	
B = 3	Presentation =	<b>E4 = 2.1</b>	<b>D Panel + E Panel = N/A</b>
A = 4	<b>Start Value = 13.4</b>	Avg = 2.2 *rounded up	

**D – Panel Comments:****E – Panel Comments:**

**HB 6**

<https://www.youtube.com/watch?v=HjgcFU9Xqlg>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Yamawaki	C	II		.1	hollow
Giant	x	x		.1	arch
Stoop in Toss	C	III			
Czech Giant	D	I			
Stoop Out	x	x		.1	knee on exit
Stalder	B	III		.1, .1	body position, angle
Tkatchev	C	II		.1, .1	amplitude, arch on giant out
Blind Change	x	x			
Front Giant	x	x			
Endo	B	III			
Adler	C	III			
El-Grip	B	I			
El-Grip Endo	C	III			
Pirouette	x	x			
Double Layout Full	D	IV		.1, .1, .1	pike, hop, shuffle

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 2.9	E1 = 1.0	Dismount stuck = N/A
D = 2	Element Groups = 2.0	E2 = 1.0	
C = 5	Connection Bonus =	E3 = 1.1	
B = 3	Presentation =	E4 = 1.2	D Panel + E Panel = N/A
A =	Start Value = 14.9	Avg = 1.1 *rounded up	

D – Panel Comments:

E – Panel Comments:

**HB 7**

<https://www.youtube.com/watch?v=Mv-VFo2pruM>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Uprise Handstand	x	x			
Adler Full	D	III		.1	knee bend on entry
Adler Half	D	III		.1, .1	knee bend on entry, leg split
Tkatchev	C	II			
Lynch	NR	x		.1, .1, .1	lack turn, strength, body position on exit (repetition)
Front Giant	x	x		.1	shift
Endo	B	III			
Full Spin to El-Grip	C	I		.5	angle
Full Spin to El-Grip	NR	x		.3	NR (repetition)
Pirouette	x	x			
Stalder	B	III		.1	angle
Higgins to El-Grip	B	I		.3	angle
El-Grip Giant	B	I			
Russian Giant	C	I			
Layout Full Out	D	IV		.1, .1	knees, pike

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 2.9	E1 = 2.1	Dismount stuck = N/A
D = 3	Element Groups = 2.0	E2 = 2.3	
C = 3	Connection Bonus =	E3 = 2.3	
B = 4	Presentation =	E4 = 2.4	D Panel + E Panel = N/A
A =	Start Value = 14.9	Avg = 2.3	

**D – Panel Comments:**

**E – Panel Comments:**



**HB 8**<https://www.youtube.com/watch?v=yyEGgLmDFlo>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back Uprise	A	I			
Back Giant	x	x			
Layout Tkatchev	D	II		.1	knee bend on tap
Tkatchev	C	II	.1		
Pike Tkatchev	C	II		.1, .1	knee on tap, leg split in air
Back Giant	x	x		.1	hand shift
Quast	C	I		.3, .1	axis, angle
Back Giant	x	x		.1	hand shift
Blind Change	x	x			
Adler	C	III		.1	angle
El-Grip	B	I			
Russian Giant	C	I			
Stalder	B	III		.1	toes
Double Layout Full	D	IV			

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 2.8	E1 = 1.1	Dismount stuck = N/A
D = 2	Element Groups = 2.0	E2 = 1.1	
C = 5	Connection Bonus = .1	E3 = 0.9	
B = 2	Presentation =	E4 = 1.0	D Panel + E Panel = N/A
A = 1	Start Value = 14.9	Avg = 1.1 *rounded up	

**D – Panel Comments:****E – Panel Comments:**