



USA GYMNASTICS

NGJA Judges Report Form

Mentor Program Practical	
Event	Pommel Horse
Judge 1 (D1/E1)	M. Ashe
Judge 2 (D2/E2)	N. Dotson
Judge 3 (E3)	N. Hammond
Judge 4	M. Sherman

Overview & Event Commentary:

Routine: PH 1

<https://youtu.be/r2SxWOHwv3Q>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Fwd scissor	A	1		0.1	leg bend
Side circle	A	2		0.3, 0.1	leg bend, feet apart, pike
Czechkehr	B	2		0.1, 0.1	lack of ext, hip bend
½ bwd cross travel	B	3		0.1, 0.1	legs apart, skew
Loop	A	2		0.1, 0.1	skew, lack of ext
Magyar (1,3,5)	D	3		0.3, 0.1, 0.1	skew, legs apart, skew
Sivado (1,2,3,4,5)	D	3		0.3, 0.1, 0.1	skew, legs apart, lack of ext
Circle in cross support frontways on end	A	2			
Pommel Loop HS	C	4		0.1, 0.1(.3)	arm bend, use of strength

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 1.9	E1 = 2.5	Dismount stuck = N/A
D = 2	Element Groups = 1.8	E2 = 2.7	
C = 1	Connection Bonus =	E3 = 2.1	
B = 2	Presentation =	E4 = 2.5	D Panel + E Panel = N/A
A = 4	Start Value = 3.7	Avg =	

D – Panel Comments:

Partial dismount credit (C value)

E – Panel Comments:

Routine: PH 2

<https://youtu.be/HqyJEbJe4tQ>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Fwd scissor 1/1 w ½ trav	C	1		0.1, 0.1(.3, 0.1, 0.1)	leg bend, amplitude, leaning on pommel, very low
Circle in side support	A	2		0.1	leg bend, pike
Pommel loop	B	2		0.1	lack of ext
Stockli A	B	2		0.1	lack of ext
Stockli B	B	2			
Circle in cross support frontways on end	A	2		0.1	lack of ext, slight skew
½ travel w ¼ spindle	B	3		0.1, 0.1	lack of ext, feet loose (apart)
Czechkehr	B	2			
Travel bwd. in cross support ¾	B	3		0.1, 0.1	lack of ext, slight skew
Circle in cross support frontways on end	A	2			
Side circle HS w 270 +3/3 travel	C	4		0.3, 0.1, 0.1(0.5, 0.1 and unsteady landing 0.1)	Use of strength, rhythm, lowering of legs, legs apart early

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 1.9	E1 = 2.0	Dismount stuck = N/A
D =	Element Groups = 1.8	E2 = 2.3	
C = 2	Connection Bonus =	E3 = 1.1	
B = 6	Presentation =	E4 = 2.0	D Panel + E Panel = N/A
A = 1	Start Value = 3.7	Avg =	

D – Panel Comments:

Partial dismount credit (C value)

E – Panel Comments:

Routine: PH 3

<https://www.youtube.com/watch?v=a0wCFVzodgg>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Fwd scissor 1/1 w ½ trav	C	1		0.1, 0.1	feet, leg bend
PPR180	D	2			
Stockli B	B	2			
Bezugo	E	2		0.1	legs apart
PPSS	E	2			
R630 w 3/3 travel	D	3		0.1, 0.1 (.1, .3)	legs apart, legs apart
Moguilny	D	3		0.1	hip bend
Belenki	D	3			
Magyar	D	3			
Sivado	D	3		0.1	kips turn out slightly
Circle in cross support frontways on end					
Stockli HS w/ 3/3 travel	D	4		0.1, 0.1, 0.1, 0.1 (.1, .3, .1)	feet, leg bend, use of strength, rhythm

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E = 2	Difficulty = 4.1	E1 = 1.5	Dismount stuck = N/A
D = 7	Element Groups = 2.0	E2 = 1.3	
C = 1	Connection Bonus =	E3 = 1.0	
B =	Presentation =	E4 = 1.4	D Panel + E Panel = N/A
A =	Start Value = 6.1	Avg =	

D – Panel Comments:

P=Pommel loop

S=Stockli

R#=Russian with # degree of turn

11.2.2 (2.a.3.viii) In the Code of Points Belenki, Urzica, and Moguilny (EG III) may begin from cross support (also facing out) minus 90° on first turn AND final turn, with travel from one end to the other

E – Panel Comments:

Routine: PH 4

<https://youtu.be/g2ijptlQmHI>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Fwd scissor to HS	D	1		0.3	hip bend, arch
Circle in side support	A	2			
SSS	x	x		1.0 (.3)	piked, feet apart before fall
PPR360	E	2		0.1	
Stockli HS w 3/3 travel and 360 turn	x	x		(.3)	strength on stockli hs
Travel bwd in cross travel 1/3	A	3		0.3	skew
Flair in cross support frontways on end	A	2		0.1	skew
Magyar (1 3 5) flaired	D	3		0.3, 0.1, 0.1	hip bend, skew, lack of ext
Circle in cross support rearways on end	A	2		0.1	skew
Sivado (1 3 5) flaired	D	3		0.3, 0.3, 0.3, 0.1	skew, skew, skew, lack of ext
Wu Guongian	E	3			
Stockli HS w 3/3 travel and 360 turn	E	4		0.3, 0.1, 0.1(.1)	use of strength, rhythm, arm bend, feet apart on stockli

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E = 3	Difficulty = 3.1	E1 = 3.5	Dismount stuck = N/A
D = 3	Element Groups = 2.0	E2 = 3.4	
C =	Connection Bonus =	E3 = 3.8	
B =	Presentation =	E4 = 3.6	D Panel + E Panel = N/A
A = 4	Start Value = 5.1	Avg =	

D – Panel Comments:

All circles to HS other than dismounts must return to circle.

E – Panel Comments:

PH 5

<https://www.youtube.com/watch?v=vdYwe8Ap3xl>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Fwd Scissor 1/1 w ½ trav	C	1		.1	rhythm on finish
Circle in side support	A	2		0.3	leg bend
PPSS	E	2		.1	slight pike
Sohn	x	x		0.1, 0.3, 1.0 (.3)	leg bend, legs apart, fall
PPR180	D	2			
Stockli B	B	2			
Tong Fei	D	3			
Circle in cross support frontways on end	A	2		0.3, 0.3, 1.0	leg bend, legs apart, fall
Magyar (1 3 5)	D	3		0.1	
Sivado (1 2 3 4 5)	D	3		0.1	
Stockli HS w 3/3 travel and 270 turn	D	4			Nice

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E = 1	Difficulty = 3.2	E1 = 3.3	Dismount stuck = N/A
D = 5	Element Groups = 2.0	E2 = 3.5	
C = 1	Connection Bonus =	E3 = 3.5	
B = 1	Presentation =	E4 = 3.8	D Panel + E Panel = N/A
A = 2	Start Value = 5.2	Avg = 3.5	

D – Panel Comments:

E – Panel Comments

PB 6<https://youtu.be/wRDyn28ffdg>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Fwd scissor 1/1 w ½ trav	x	x		0.3, 0.1, 1.0	leg bend, amplitude, fall
Czechkehr	B	2		0.1	lack of ext
Circle in side support	A	2			
½ bwd cross travel	A	3		0.1	skew
Circle in cross support frontways on end	A	2		.1	pike
Tong Fei	D	3		0.1	feet
Wu	E	3		0.1, 0.1	legs apart, feet
RRR	D	4		0.1, 0.1, 0.1, 0.3, 0.1, 0.3	feet, rhythm, hip bend, leg bend, amplitude

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E = 1	Difficulty = 1.8	E1 = 2.9	Dismount stuck = N/A
D = 2	Element Groups = 1.5	E2 = 3.0	
C =	Connection Bonus =	E3 = 2.8	
B = 1	Presentation =	E4 = 2.7	D Panel + E Panel = N/A
A = 3	Start Value = 3.3	Avg = 2.9 *rounded up	

D – Panel Comments:

Missing element group 1 (fall on scissor)

E – Panel Comments:

PB 7<https://youtu.be/NtYUqUORH-E>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Bwd scissor to HS	x	x		0.5	hip bend
Flair in side support	A	2			
Eichorn	E	2		0.1, 0.1	hip bend, lack of ext
Side support 1/1 spindle	D	2		0.1, 0.1	lack of ext, hip bend
3/3 travel side support - hand between pommels	C	3		0.1	skew
Flair in cross support frontways on end	A	2			
Magyar (1 3 5) flaired	D	3		0.1	skew
Sivado (1 3 5) flaired	D	3		0.1, 0.3	skew
Circle in cross support frontways on end				0.3	very piked
Stockli B Circle in cross support on 1 pommel ¼ t to fwd	B	2			
REVERSE Stockli HS w 3/3 travel and 270 turn	D	4		0.1	arm bend

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E = 1	Difficulty = 2.8	E1 = 1.6	Dismount stuck = N/A
D = 4	Element Groups = 1.5	E2 = 1.7	
C = 1	Connection Bonus =	E3 = 1.6	
B = 1	Presentation =	E4 = 1.6	D Panel + E Panel = N/A
A = 2	Start Value = 4.3	Avg = 1.6	

D – Panel Comments:

Missing element group 1 (large deduction for hip bend)

E – Panel Comments:

PB 8<https://youtu.be/Xa1x7T-w41g>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Fwd scissor to HS	D	1		0.3	hip bend
Circle in side support	A	2		.1	pike
Stockli HS w 3/3 travel and 360 turn	x	x		0.3	use of strength
Stockli B	B	2		0.1	lack of ext
LLR360	E	2		0.1, 0.1, .1	hip bend, lack of ext
RRR between pommels	E	2			
Travel bwd. in cross support ½	B	3		0.1, .1	lack of ext, pike
Tong Fei	D	3			
Wu Guongian	E	3			
Roth	D	3			special repetition
RRR	D	2			
Circle in side support				.1, .1	pike, skew
Stockli HS w 3/3 travel and 360 turn	E	4		0.3, 0.1	use of strength, rhythm

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E = 4	Difficulty = 3.7	E1 = 1.8	Dismount stuck = N/A
D = 4	Element Groups = 2.0	E2 = 2.0	
C =	Connection Bonus =	E3 = 1.4	
B = 2	Presentation =	E4 = 1.9	D Panel + E Panel = N/A
A =	Start Value = 5.7	Avg = 1.9 *rounded up	

D – Panel Comments:

All circles to HS other than dismounts must return to circle.

E – Panel Comments: