



**USA GYMNASTICS**

## **NGJA Judges Report Form**

<b>Mentor Program Practical</b>	
<b>Event</b>	Floor Exercise
<b>Judge 1 (D1/E1)</b>	Peter Wieging
<b>Judge 2 (D2/E2)</b>	Lenny Lucarello
<b>Judge 3 (E3)</b>	Gerrit DeJonge
<b>Judge 4</b>	Mark Sherman

**Overview & Event Commentary:**

**Routine: FX 1 practice**

<https://youtu.be/0q4DFuiBU-Q?t=638>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front layout w. 2/1 tw	D	2		0.1, 0.1	leg form, small hop
RO 2 back tk w. 2/1 tw	E	3		0.1, 0.1	low chest, small hop
Front layout w. 1/1 tw	C	2			
2 front tuck	D	2		0.3, 0.1, 1.0	knees apart, feet flexed, Fall
RO Back layout w. 5/2 tw	D	3		0.1	leg form
Front tuck	A	2		0.1	small hop
Fedorchenko	C	1		0.1, 0.1	knee bend x2
Prone press HS	B	1		0.1	rhythm
RO back layout w. 2/1 tw	C	3		0.3	low chest
RO back layout w. 3/1 tw	D	3		0.1, 0.1, 0.3, 0.1	leg form, low chest, large hop, step

H =			
G =			
F =			
E = 1			E1 = 3.7
D = 4	Difficulty =	3.3	E2 = <b>3.4</b>
C = 3	Element Groups =	2.0	E3 = 2.9
B = 1	Connection Bonus =		E4 = <b>3.0</b>
A = 1	<b>D-Score =</b>	<b>5.3</b>	Avg = - <b>3.2</b>
			<b>D Panel + E Panel = 12.10</b>

**D – Panel Comments:**

No connection bonus awarded

**E – Panel Comments:**

**Routine: FX 2 practice**

<https://youtu.be/0q4DFuiBU-Q?t=1576>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front layout w. 1/1 tw	C+	2			
2 front pike	E	2	0.1	0.1	Feet flex
2 back tuck w. 2/1 tw	E	3		0.1, 0.1	low chest, unsteady
Flair HS w. 1/1 spindle	D	1			
Gogoladze	C	1			
Back layout w. 2/1 tw	C	3		0.1, 0.1	Small hop, unsteady
2 back tuck w. 1/1 tw	D	3		0.3, 0.3, 0.3	Landing prep, large hop, large step
Back layout w. 5/2 tw	D+	3		0.1	leg form
Front layout	B	2	0.1	0.1, 0.3	feet, hop
2 front tuck	D	2		0.1, 0.3, 0.1	feet, large hop, step

H =			
G =			
F =			
E = 2			E1 = 2.2
D = 4	Difficulty = 3.7		E2 = 2.5
C = 3	Element Groups = 2.0		E3 = <b>2.4</b>
B = 1	Connection Bonus = 0.2		E4 = <b>2.3</b>
A =	<b>D-Score = 5.9</b>		Avg = -2.35
			<b>D Panel + E Panel = 13.55</b>

**D – Panel Comments:**

**E – Panel Comments:**

**Routine: FX 3 practice**

<https://youtu.be/0q4DFuiBU-Q?t=5273>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front layout w. 5/2 tw	E	2		0.1, 0.1	feet, small hop
Back layout w. 5/2 tw	D+	3		0.1	feet
Front layout	B	2	0.1	0.1	knees
Front layout w. 1/1 tw	C	2		0.3	low landing
2 Back tk w. 2/1 tw	E	3		0.3, 0.1	low chest, small hop
Back layout w. 7/2 tw	E	3		0.1	legs
Front tuck w. ½ tw					
Dive roll					
Fedorchenko	C	1		0.1	slight knee bend
Splits					
Back layout w. 3/2 tw	C	3			
Front tk w. 1/1 tw	B	2			
Back layout w. 3/1 tw	D	3		0.1, 0.1	legs, flexed feet

H =			
G =			
F =			
E = 3			E1 = <b>1.8</b>
D = 2	Difficulty = 3.6		E2 = 2.0
C = 3	Element Groups = 2.0		E3 = 1.4
B = 2	Connection Bonus = 0.1		E4 = <b>1.5</b>
A =	<b>D-Score = 5.7</b>		Avg = <b>- 1.65</b> <b>D Panel + E Panel = 14.05</b>

**D – Panel Comments:**

**E – Panel Comments:**

**Routine: FX 4 practice**

<https://youtu.be/0DcgBD1CWdg?t=1619>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front layout w. 1/1 tw	C+	2			
2 front tuck	D	2	0.1	0.3, 0.1	indistinct position, hop
2 back tk w. 2/1 tw	E	3		0.1, 0.1, 0.3	low chest, arm swing, hop
Back layout w. 5/2 tw	D+	3		0.1	legs
Front layout	B	2	0.1	0.1, 0.3	legs apart, large hop
Splits	A	1			
Wide arm press HS	C	1		0.1	height
Endo roll	B	1		0.1	rhythm
Back layout w. 2/1 tw	C	3			
Back layout w. 3/1 tw	D	3		0.3	short twist

H =			
G =			
F =			
E = 1			E1 = 2.1
D = 3	Difficulty = 3.1		E2 = 1.7
C = 3	Element Groups = 2.0		E3 = 1.9
B = 2	Connection Bonus = 0.2		E4 = 1.5
A = 1	<b>D-Score = 5.3</b>		Avg = -1.8
			<b>D Panel + E Panel = 13.50</b>

**D – Panel Comments:**

Double front “pike” devalued to a tuck due to excessive knee bend

**E – Panel Comments:**

**Practical Test Routine: FX 1**

[https://drive.google.com/file/d/17dTfWDR9HleDNc3zn0B9PJ-kPOj6ngnp/view?usp=share\\_link](https://drive.google.com/file/d/17dTfWDR9HleDNc3zn0B9PJ-kPOj6ngnp/view?usp=share_link)

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front layout w. 2/1 tw	D	2		0.1	feet
2 front tuck	D	2		0.3, 0.5, 0.3	knees apart, low landing, large step
Front layout w. 1/1 tw	C+	2			
2 front pike	E	2	0.1	0.1, 0.1, 0.3	feet, bent knees, hop
2 back tk w. 2/1 tw	E	3		0.1, 0.1	low chest, slight foot movement
Back layout w. 2/1 tw	C	3		0.1, 0.1	low chest, arm swing
Splits					
Press HS	B	1		0.1, 0.1	Rhythm, unsteady
Back layout w. 5/2 tw	D+	3		0.1	feet
Front layout	B	2	0.1	0.3	large hop
2 back tk w. 1/1 tw	D	3		0.1, 0.1, 0.1, 0.1	feet flexed, low chest, small step

H =			
G =			
F =			
E = 2			E1 = <b>3.0</b>
D = 4	Difficulty = 3.6		E2 = 2.9
C = 2	Element Groups = 2.0		E3 = <b>3.0</b>
B = 2	Connection Bonus = 0.2		E4 = 3.1
A =	<b>D-Score = 5.8</b>		Avg = <b>-3.0</b>
			<b>D Panel + E Panel = 12.70</b>

**D – Panel Comments:**

No connection on 1st pass (see below)

**E – Panel Comments:**

-0.5 for low landing on the 2 front tuck (knees below hips)

**Practical Test Routine: FX 2**

[https://drive.google.com/file/d/1wzYSBL7L\\_MrXqKz7484K6WIAq9R3puI0/view?usp=share\\_link](https://drive.google.com/file/d/1wzYSBL7L_MrXqKz7484K6WIAq9R3puI0/view?usp=share_link)

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front pike	A	2		0.1	small hop
Front layout w. 1/1 tw	C	2			
Front layout w. ½ tw	B	2			
Back layout	B	3			
Circle	A	1			
720 Russian	B	1			
Manna	C	1		0.1	unsteady
Prone press HS	B	1		0.1, 0.3	arch, short hold
Back layout w. 1/1 tw	B	3			
Back layout w. 2/1 tw	C	3		0.1, 0.1	low chest, unsteady

H =			
G =			
F =			
E =			E1 = 0.9
D =	Difficulty = 2.1		E2 = 0.9
C = 3	Element Groups = 1.8		E3 = 0.8
B = 5	Connection Bonus =		E4 = 0.7
A = 2	<b>D-Score = 3.9</b>		Avg = -0.85
			<b>D Panel + E Panel = 13.05</b>

**D – Panel Comments:**

\* Russian only a 'B' due to the initial ¼ Czech turn

\* Partial EG IV credit

**E – Panel Comments:**

**Practical Test Routine: FX 3**

[https://drive.google.com/file/d/11ljAJ2UIY-OK\\_D72MBhWlt4IVHUdCxWL/view?usp=share\\_link](https://drive.google.com/file/d/11ljAJ2UIY-OK_D72MBhWlt4IVHUdCxWL/view?usp=share_link)

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
2 front pike	E	2		0.1, 0.3, 0.1	flexed feet, bent knees, small hop
2 front tuck	D	2		0.1, 0.1, 0.1	feet, small hop, uncontrolled momentary landing
Front layout w. 2/1 tw	D	2		0.3, 0.1	short twist, feet crossed
Front tk w. 1/1 tw	B	2		0.1	feet flexed
Back layout w. 2/1 tw	C	3		0.1	feet crossed
Splits					
Press HS	B	1		0.1	unsteady
Endo roll strd. to HS	B	1			
Back layout w. 5/2 tw	D	3		0.1	feet crossed
Front layout w/ ½ tw	B	2		0.3, 0.1, 0.1	piked, low chest, small hop
Back layout w. 3/1 tw	D	3		0.3, 0.1, 0.1	legs crossed, low chest, small step

H =			
G =			
F =			
E = 1			E1 = 2.9
D = 4	Difficulty = 3.2		E2 = 2.4
C = 1	Element Groups = 2.0		E3 = 2.5
B = 4	Connection Bonus =		E4 = 2.7
A =	<b>D-Score = 5.2</b>		Avg = -2.6
			<b>D Panel + E Panel = 12.60</b>

**D – Panel Comments:**

No connection bonus awarded for single salto twist to twist passes

**E – Panel Comments:**



**Practical Test Routine: FX 4**

[https://drive.google.com/file/d/17LLRHmReh1SbcpXYOnwMUSXu1lvKqLeU/view?usp=share\\_link](https://drive.google.com/file/d/17LLRHmReh1SbcpXYOnwMUSXu1lvKqLeU/view?usp=share_link)

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front layout w. 2/1 tw	D+	2		0.1	leg form
2 front tuck	D	2	0.2	0.3, 0.1	knees apart, small hop
2 back tk w. 2/1 tw	E	3		0.1, 0.1	low chest, arm swing
Back layout w. 5/2 tw	D+	3		0.1, 0.1	slight leg bend, feet
Front layout	B	2	0.1	0.1	arm swing
Back layout w. 2/1 tw	C	3		0.1	feet flexed
Splits					
Wide arm press	C	1		0.1	height
Front layout w. 5/2 tw	E	2		0.1, 0.1, 0.1	legs apart, low chest, small hop
2 back tk w. 1/1 tw	D	3		0.1, 0.1, 0.1	feet apart, feet flexed, small hop
Back layout w. 3/1 tw	D	3		0.1, 0.1, 0.3, 0.1	excessive pause in the corner feet form, step, unsteady

H =			
G =			
F =			
E = 2			E1 = 2.4
D = 5	Difficulty =	3.8	E2 = 2.6
C = 2	Element Groups =	2.0	E3 = 2.8
B = 1	Connection Bonus =	0.3	E4 = 3.2
A =	<b>D-Score =</b>	<b>6.1</b>	<b>Avg = -2.7</b>
			<b>D Panel + E Panel = 13.40</b>

**D – Panel Comments:**

**E – Panel Comments:**

