

Mentor Program Practical				
Event High Bar				
Judge 1 (D1/E1)	Scott Schaffer			
Judge 2 (D2/E2)	Mickey Curth			
Judge 3 (E3) Sho Nakamori				
Judge 4 Dave Johnson				

Overview & Event Commentary:

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<u>Routine:</u> HB 1 <u>https://drive.google.com/file/d/1jTgwKrNXX8qY92opx_pYrPntw5y7eQHD/view?usp=share_link</u>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back uprise				.1	hand change
front giant					
adler 1/2	D	3		.1, .1	toes,knees
Kovacs (tuck)	D	2	0.1		
back giants					
Kovacs (piked)	E	2			
stoop in back toss dorsal	С	3			
Steineman				.1	NO Czech giant, toes on exit
stalder	В	3			
in-bar stalder	С	3		.1, .1	toes, angle
blind change					
Adler	С	3		.1, .1	toes, angle
Russian giant	С	1			
Russian giant					
Pirouette					
Quast	С	1		.1, .3, .1	hand shift, amplitude, angle
Back giants					
Triple back (tuck)	F	4		.1, .1, 1.0	form, cowboy, fall

H =				
G =				
F = 1				
E = 1			E1 = 2.5	
D = 2			E2 = 2.5	
C = 5	Difficulty =	3.7	E3 = 2.8	
B = 1	Element Groups =	2.0	E4 = 2.9	
A =	D-Score =	5.7	Avg = <mark>2.65</mark>	D Panel + E Panel = 13.05

D – Panel Comments:

Steineman includes the ½ czech giant before it; there is no separate Czech giant performed for credit that passes over the bar before the

Steineman.

Routine: HB 2 https://drive.google.com/file/d/14vxMLN8FeAyEKhBOVwbbV9RNO48yEDis/view?usp=share_link

Skills	Value (*)	Element	Connection Bonus	Execution Deduction	Comments
Back up rise HS ½ turn	(¹) A	Group 1	Donus	.1	hand change
back giant	Α	1			¥
Tkatchev (layout)	D	2		.1, .3	form, body position
back giants					
Kovacs (tucked)	D	2		.1, .3	form, arm bend on regrasp
back giants				.1	hand slide
blind change	А	1		.1	off axis
front giants					
endo	В	3			
1/1 turn to el-grip	С	1		.3	angle
hop to front giant					
Adler	С	3		.1, .1, .3	toes, knees, angle
El-grip giant	В	1			
pirouette					
back giants					
Double layout 2/1 twist	E	4		.1, .1, .3	form, prep, hop

H =			
G =			
F =			
E = 1		E1 = 2.0	
D = 2		E2 = 2.4	
C = 2	Difficulty = 2.6	E3 = 2.1	
B = 2	Element Groups = 2.0	E4 = 2.1	
A = 3	D-Score = 4.6	Avg = <mark>2.1</mark>	D Panel + E Panel = 12.5

D – Panel Comments:

<u>E – Panel Comments:</u>

Too many swings to start routine (due to the initial kick back)

Routine: HB 3 https://drive.google.com/file/d/1RS2KQ_7zYuA9KLVhvERIvBBpWXsYMWwm/view?usp=share_link

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
in-bar endo				.1, toes .5 lower	NO CREDIT both for lowering
				legs, .3 change of	legs >45 degrees and element
				direction	not continuing in intended
					direction
back giants	А	1			
Kolman	E	2		.3	form
back giants				.3	arm bend
Kovacs (tucked)	D	2			
blind change	А	1			
front giant	А	1			
endo	В	3		.1	toes
1/1 turn to mixed	В	1		.5 angle	
Adler	С	3		.1, .1, .3	toes, knees, angle
pirouette	А	1		.1	angle
back giants					
Double layout 11 twist	D	4		.3, .1, .3	form,prep, hop

H =			
G =			
F =			
E = 1		E1 = 3.2	
D = 2		E2 = 3.4	
C = 1	Difficulty = 2.4	E3 = 3.6	
B = 2	Element Groups = 2.0	E4 = 3.4	
A = 4	D-Score = 4.4	Avg = <mark>3.4</mark>	D Panel + E Panel = 11.0

D – Panel Comments:

<u>Routine:</u> HB 4 <u>https://drive.google.com/file/d/1LJUbYKczTNWZR-vRJjAkYsvl2efSkqii/view?usp=share_link</u>

Skills	Value	Element	Connection	Execution	Comments
	(*)	Group	Bonus	Deduction	
Endo	В	3			
front giant					
Adler 1/2	D	3		.1	toes
Tkatchev (layout)	D	2	0.1		
Tikatchev (straddled)	С	2	0.1		
Tkatchev (piked)	С	2	0.1		
back giant					
Quast	С	1		.3, .1	amplitude, angle
blind change					
Winkler (front layout 1/1)	F	2			
kip cast to HS				.1	hand change
Adler 1/1 to mixed grip	D	3		.1, .1, .1, .1	toes, axis, angle (on front giant)
pirouette					
stalder	В	3			
back giants					
double layout 2/1	E	4		.1, .3	prep, step

H =			
G =			
F = 1			
E = 1		E1 = 1.3	
D = 3		E2 = 1.4	
C = 3	Difficulty = 3.9	E3 = 1.6	
B = 2	Element Groups = 2.0	E4 = 1.3	
A =	D-Score = 5.9	Avg = 1.35	D Panel + E Panel = 14.55

D – Panel Comments:

Practical Test Routine: HB 1 https://youtu.be/Sslusrl2ocQ?t=8

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
back uprise ½ turn					
back giants					
Cassina	G	2		.1	form
back giants				.1	hand slide
Kolman	Е	2		.1, .1	form, arms on regrasp
back giants				.1, .1	hand slide, legs on tap
Tkatchev (layout)	D	2		.3	body position
back giant					
Tkatchev (straddled)	С	2			
Tkatchev (piked)	С	2	0.1	.1, .1	toes, hand slide on giant out
blind change					
front giant					
Zou Li Min	С	1		.1	turn
endo	В	1		.3	angle
Adler 1/2	D	3		.1, .3, .3	toes, knees, angle
back giant				.1	hand slide
Quast	С	1		.1, .3, .3	form, amplitude, angle
back giants				.1, .1	hand slide, legs on tap
Double layout 1/1	D	4		.1, .1, .3	form, prep, step

H =			
G = 1			
F =			
E = 1		E1 = 4.2	
D = 3		E2 = 3.7	
C = 4	Difficulty = 3.9	E3 = 3.7	
B = 1	Element Groups = 2.0	E4 = 3.3	
A =	D-Score = 5.9	Avg = 3.7	D Panel + E Panel = 12.2

D – Panel Comments: `

<u>E – Panel Comments:</u>

Practical Test Routine: HB 2 https://www.youtube.com/watch?v=QFa_-5mLOks

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
back uprise 1/2	A	1			
back giants	А	1			
Cassina	G	2		.1	arms on regrasp
back giants				.1	hand slide
Kolman	E	2			
back giants				.1	hand slide
Tkatchev (straddled)	С	2		.1, .1	form (toes), regrasp
back giants				.3	arm bend
stoop in back toss dorsal	С	3		.1, .1, .3	toes, knees, brushing bar
Steineman	В	3		.1, .1	NO Czech giant, toes, knees
stalder	В	3		.3	angle
back giants				.1	legs on tap
Double layout 1/1	D	4		.1, 1.0	form, fall

H =			
G = 1			
F =			
E = 1		E1 = 3.5	
D = 1		E2 = 3.0	
C = 2	Difficulty = 2.8	E3 = 3.6	
B = 2	Element Groups = 2.0	E4 = 2.8	
A = 2	D-Score = 4.8	Avg = <mark>3.25</mark>	D Panel + E Panel = 11.55

<u>D – Panel Comments:</u>

Steineman includes the ½ czech giant before it; there is no separate Czech giant performed for credit that passes over the bar before the

Steineman

Practical Test Routine: HB 3 https://www.youtube.com/watch?v=xaE0PdOOeao

Skills	Value	Element	Connection	Execution	Comments
	(*)	Group	Bonus	Deduction	
Yamawaki	С	2		.3	body position
endo	В	3		.1	angle
front giants	А	1		.1	hand slide
Adler	С	3		.1, .1, .3	toes, knees, angle
El-grip giant	В	1			
Endo in el-grip	C	3			
pirouette	А	1			
back giant					
in-bar stalder	С	3		.1, .1	toes, execution
stalder	В	3		.3	angle
back giants					
Double layout 1/1	D	4		.1, .3, .3	form, prep, step

H =			
G =			
F =			
E =		E1 = 1.8	
D = 1		E2 = 2.2	
C = 4	Difficulty = 2.4	E3 = 1.7	
B = 3	Element Groups = 2.0	E4 = 2.0	
A = 2	D-Score = 4.4	Avg = <mark>1.9</mark>	D Panel + E Panel = 12.5

D – Panel Comments:

<u>E – Panel Comments:</u>

Practical Test Routine: HB 4 https://www.youtube.com/watch?v=vpHMhmBc2-8 `

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
back uprise				.3	Too many swings to start routine
front giant					
Adler 1/2	D	3		.1, .1, .1	toes, axis, angle
back giants					
Tkatchev (piked)	С	2		.3	>45 degree bend in hips, body position
back giant					
Tkatchev (straddled)	С	2			
one arm back giant	В	1			
stalder	В	3		.1	angle
blind change				.1	angle
in-bar endo	С	3		.1, .3, .1	toes, angle, hand slide
Adler	С	3		.1, .1	toes, angle
El-grip giant	В	1			
Russian giant	С	1			
pirouette					
back giants				.1	knee bend on tap
double layout 2/1	E	4		.1, .1	form, arm swing

H =			
G =			
F =			
E = 1		E1 = 1.6	
D = 1		E2 = 1.8	
C = 5	Difficulty = 3.0	E3 = 1.9	
B = 3	Element Groups = 2.0	E4 = 1.8	
A =	D-Score = 5.0	Avg = <mark>1.8</mark>	D Panel + E Panel = 13.2

D – Panel Comments:

Tkatchev is close to the 45 degree hip bend mark, but is evaluated here as a C (piked) rather than a D (layout) – either way with a -0.3 non-distinct body position error.

E – Panel Comments:

The initial kick back to start the routine counts as a swing