

USA GYMNASTICS
NGJA Judges Report Form`

| Mentor Program Practical |  |
| :--- | :--- |
| Event | High Bar |
| Judge 1 (D1/E1) | Scott Schaffer |
| Judge 2 (D2/E2) | Mickey Curth |
| Judge 3 (E3) | Sho Nakamori |
| Judge 4 | Dave Johnson |

Overview \& Event Commentary:

Routine: HB 1
https://drive.google.com/file/d/1jTgwKrNXX8qY92opx_pYrPntw5y7eQHD/view?usp=share_link

| Skills | Value <br> (*) | Element Group | Connection Bonus | Execution Deduction | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Back uprise |  |  |  | . 1 | hand change |
| front giant |  |  |  |  |  |
| adler 1/2 | D | 3 |  | .1, . 1 | toes,knees |
| Kovacs (tuck) | D | 2 | 0.1 |  |  |
| back giants |  |  |  |  |  |
| Kovacs (piked) | E | 2 |  |  |  |
| stoop in back toss dorsal | C | 3 |  |  |  |
| Steineman |  |  |  | . 1 | NO Czech giant, toes on exit |
| stalder | B | 3 |  |  |  |
| in-bar stalder | C | 3 |  | .1, . 1 | toes, angle |
| blind change |  |  |  |  |  |
| Adler | C | 3 |  | .1, . 1 | toes, angle |
| Russian giant | C | 1 |  |  |  |
| Russian giant |  |  |  |  |  |
| Pirouette |  |  |  |  |  |
| Quast | C | 1 |  | .1, .3, . 1 | hand shift, amplitude, angle |
| Back giants |  |  |  |  |  |
| Triple back (tuck) | F | 4 |  | .1, .1, 1.0 | form, cowboy, fall |


|  |  |  |  |
| :--- | :--- | :--- | :--- |
| $\mathrm{H}=$ |  |  |  |
| $\mathrm{G}=$ |  |  |  |
| $\mathrm{F}=1$ |  | $\mathrm{E}=2.5$ |  |
| $\mathrm{E}=1$ |  | $\mathrm{E} 2=\mathbf{2 . 5}$ |  |
| $\mathrm{D}=2$ |  | $\mathrm{E} 3=\mathbf{2 . 8}$ |  |
| $\mathrm{C}=5$ | Difficulty $=\quad 3.7$ | $\mathrm{E} 4=2.9$ |  |
| $\mathrm{~B}=1$ | Element Groups $=2.0$ | Avg $=2.65$ | D Panel + E Panel $=\mathbf{1 3 . 0 5}$ |
| $\mathrm{A}=$ | D-Score $=\quad \mathbf{5 . 7}$ |  |  |

## D - Panel Comments:

Steineman includes the $1 / 2$ czech giant before it; there is no separate Czech giant performed for credit that passes over the bar before the
Steineman.

## E - Panel Comments:

## Routine: HB 2

https://drive.google.com/file/d/14vxMLN8FeAyEKhBOVwbbV9RNO48yEDis/view?usp=share link

| Skills | Value <br> $\left.\mathbf{(}^{*}\right)$ | Element <br> Group | Connection <br> Bonus | Execution <br> Deduction | Comments |
| :--- | :---: | :---: | :---: | :--- | :--- |
| Back up rise HS $1 / 2$ turn | A | 1 |  | .1 | hand change |
| back giant | A | 1 |  |  |  |
| Tkatchev (layout) | D | 2 |  | $.1, .3$ | form, body position |
| back giants |  |  |  |  |  |
| Kovacs (tucked) | D | 2 |  | $.1, .3$ | form, arm bend on regrasp |
| back giants |  |  |  | .1 | hand slide |
| blind change | A | 1 |  | .1 | off axis |
| front giants |  |  |  |  |  |
| endo | B | 3 |  |  | angle |
| 1/1 turn to el-grip | C | 1 |  | .3 | toes, knees, angle |
| hop to front giant |  |  |  |  |  |
| Adler | C | 3 |  | $.1, .1, .3$ |  |
| El-grip giant | B | 1 |  |  | form, prep, hop |
| pirouette |  |  |  |  |  |
| back giants |  |  |  |  |  |
| Double layout 2/1 twist | E | 4 |  | $.1, .1, .3$ |  |


| $\mathrm{H}=$ |  |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
| $\mathrm{G}=$ |  |  |  |
| $\mathrm{F}=$ |  | $\mathrm{E} 1=2.0$ |  |
| $\mathrm{E}=1$ |  | $\mathrm{E} 2=2.4$ |  |
| $\mathrm{D}=2$ |  | $\mathrm{E} 3=\mathbf{2 . 1}$ |  |
| $\mathrm{C}=2$ | Difficulty $=\quad$ Element Groups $=2.6$ | $\mathrm{E} 4=\mathbf{2 . 1}$ |  |
| $\mathrm{B}=2$ | D-Score $=\mathbf{4 . 6}$ | Avg $=2.1$ | D Panel + E Panel $=\mathbf{1 2 . 5}$ |
| $\mathrm{A}=3$ |  |  |  |

D - Panel Comments:

E - Panel Comments:
Too many swings to start routine (due to the initial kick back)

## Routine: HB 3

https://drive.google.com/file/d/1RS2KQ 7zYuA9KLVhvERIvBBpWXsYMWwm/view?usp=share link

| Skills | Value <br> $\mathbf{*}^{*}$ | Element <br> Group | Connection <br> Bonus | Execution <br> Deduction | Comments |
| :--- | :---: | :---: | :---: | :--- | :--- |
| in-bar endo |  |  | .1, toes .5 lower <br> legs, .3 change of <br> direction | NO CREDIT both for lowering <br> legs >45 degrees and element <br> not continuing in intended <br> direction |  |
| back giants | A | 1 |  |  |  |
| Kolman | E | 2 |  | .3 | form |
| back giants |  |  |  | .3 | arm bend |
| Kovacs (tucked) | D | 2 |  |  |  |
| blind change | A | 1 |  |  |  |
| front giant | A | 1 |  |  | toes |
| endo | B | 3 |  | .1 | toes, knees, angle |
| 1/1 turn to mixed | B | 1 |  | .5 angle | angle |
| Adler | C | 3 |  | $.1, .1, .3$ | form, prep, hop |
| pirouette | A | 1 |  | .1 |  |
| back giants |  |  |  |  |  |
| Double layout 11 twist | D | 4 |  | $.3, .1, .3$ |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |


| $\mathrm{H}=$ |  |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
| $\mathrm{G}=$ |  |  |  |
| $\mathrm{F}=$ |  | $\mathrm{E} 1=3.2$ |  |
| $\mathrm{E}=1$ |  | $\mathrm{E} 2=3.4$ |  |
| $\mathrm{D}=2$ |  | $\mathrm{E}=3.6$ |  |
| $\mathrm{C}=1$ | Difficulty $=\quad$ Element Groups $=2.4$ | $\mathrm{E} 4=3.4$ |  |
| $\mathrm{~B}=2$ | D-Score $=\mathbf{4 . 4}$ | Avg $=3.4$ | D Panel + E Panel $=\mathbf{1 1 . 0}$ |
| $\mathrm{A}=4$ |  |  |  |

D-Panel Comments:

## E-Panel Comments:

Routine: HB 4
https://drive.google.com/file/d/1LJUbYKczTNWZR-vRJjAkYsvl2efSkqii/view?usp=share link

| Skills | Value (*) | Element Group | Connection Bonus | Execution <br> Deduction | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Endo | B | 3 |  |  |  |
| front giant |  |  |  |  |  |
| Adler 1/2 | D | 3 |  | . 1 | toes |
| Tkatchev (layout) | D | 2 | 0.1 |  |  |
| Tikatchev (straddled) | C | 2 | 0.1 |  |  |
| Tkatchev (piked) | C | 2 | 0.1 |  |  |
| back giant |  |  |  |  |  |
| Quast | C | 1 |  | . 3 , 1 | amplitude, angle |
| blind change |  |  |  |  |  |
| Winkler (front layout 1/1) | F | 2 |  |  |  |
| kip cast to HS |  |  |  | . 1 | hand change |
| Adler 1/1 to mixed grip | D | 3 |  | .1, .1, .1, . 1 | toes, axis, angle (on front giant) |
| pirouette |  |  |  |  |  |
| stalder | B | 3 |  |  |  |
| back giants |  |  |  |  |  |
| double layout 2/1 | E | 4 |  | .1, . 3 | prep, step |


| $\mathrm{H}=$ |  |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
| $\mathrm{G}=$ |  |  |  |
| $\mathrm{F}=1$ |  | $\mathrm{E} 1=\mathbf{1 . 3}$ |  |
| $\mathrm{E}=1$ |  | $\mathrm{E} 2=\mathbf{1 . 4}$ |  |
| $\mathrm{D}=3$ |  | $\mathrm{E} 3=1.6$ |  |
| $\mathrm{C}=3$ | Difficulty $=\quad$ Element Groups $=\mathbf{E} 2.0$ | $\mathrm{E}=1.3$ |  |
| $\mathrm{~B}=2$ | D-Score $=\mathbf{5 . 9}$ | Avg $=1.35$ | D Panel +E Panel $=\mathbf{1 4 . 5 5}$ |
| $\mathrm{A}=$ |  |  |  |

D - Panel Comments:

## E-Panel Comments:

## Practical Test Routine: HB 1

https://youtu.be/Sslusrl2ocQ?t=8

| Skills | Value <br> $\mathbf{*}^{*}$ | Element <br> Group | Connection <br> Bonus | Execution <br> Deduction | Comments |
| :--- | :---: | :---: | :---: | :--- | :--- |
| back uprise $1 / 2$ turn |  |  |  |  |  |
| back giants |  |  |  |  |  |
| Cassina | G | 2 |  | .1 | form |
| back giants | E | 2 |  | $.1, .1$ | hand slide |
| Kolman |  |  |  | $.1, .1$ | form, arms on regrasp |
| back giants | D | 2 |  | .3 | hand slide, legs on tap |
| Tkatchev (layout) |  |  |  |  | body position |
| back giant | C | 2 |  |  |  |
| Tkatchev (straddled) | C | 2 | 0.1 | $.1, .1$ | toes, hand slide on giant out |
| Tkatchev (piked) |  |  |  |  |  |
| blind change |  |  |  |  | turn |
| front giant | C | 1 |  | .1 | angle |
| Zou Li Min | B | 1 |  | .3 | toes, knees, angle |
| endo | D | 3 |  | $.1, .3, .3$ | hand slide |
| Adler 1/2 |  |  |  | .1 | form, amplitude, angle |
| back giant | C | 1 |  | $.1, .3, .3$ | hand slide, legs on tap |
| Quast |  |  |  | $.1, .1$ | form, prep, step |
| back giants |  |  |  |  |  |
| Double layout 1/1 | D | 4 |  | $.1, .3$ |  |


| $\mathrm{H}=$ |  |  |  |
| :--- | :--- | :--- | :--- |
| $\mathrm{G}=1$ |  |  |  |
| $\mathrm{~F}=$ |  |  |  |
| $\mathrm{E}=1$ |  | $\mathrm{E} 1=4.2$ |  |
| $\mathrm{D}=3$ |  | $\mathrm{E} 2=\mathbf{3 . 7}$ |  |
| $\mathrm{C}=4$ | Difficulty $=\quad 3.9$ | $\mathrm{E} 3=\mathbf{3 . 7}$ |  |
| $\mathrm{B}=1$ | Element Groups $=\mathbf{E} 2.0$ | $\mathrm{E} 4=3.3$ |  |
| $\mathrm{~A}=$ | D-Score $=\mathbf{5 . 9}$ | Avg $=3.7$ | D Panel + E Panel $=\mathbf{1 2 . 2}$ |

## D-Panel Comments:

## E-Panel Comments:

## Practical Test Routine: HB 2

https://www.youtube.com/watch?v=QFa -5mLOks

| Skills | Value <br> $\mathbf{( * )}^{*}$ | Element <br> Group | Connection <br> Bonus | Execution <br> Deduction | Comments |
| :--- | :---: | :---: | :---: | :--- | :--- |
| back uprise 1/2 | A | 1 |  |  |  |
| back giants | A | 1 |  |  |  |
| Cassina | G | 2 |  | .1 | arms on regrasp |
| back giants |  |  |  | .1 | hand slide |
| Kolman | E | 2 |  |  |  |
| back giants |  |  |  | .1 | hand slide |
| Tkatchev (straddled) | C | 2 |  | $.1, .1$ | form (toes), regrasp |
| back giants |  |  |  | .3 | arm bend |
| stoop in back toss dorsal | C | 3 |  | $.1, .1, .3$ | toes, knees, brushing bar |
| Steineman | B | 3 |  | $.1, .1$ | NO Czech giant, toes, knees |
| stalder | B | 3 |  | .3 | angle |
| back giants |  |  |  | .1 | legs on tap |
| Double layout 1/1 | D | 4 |  | $.1,1.0$ | form, fall |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |


| $\mathrm{H}=$ |  |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
| $\mathrm{G}=1$ |  |  |  |
| $\mathrm{~F}=$ |  | $\mathrm{E} 1=\mathbf{3 . 5}$ |  |
| $\mathrm{E}=1$ |  | $\mathrm{E} 2=\mathbf{3 . 0}$ |  |
| $\mathrm{D}=1$ |  | $\mathrm{E} 3=3.6$ |  |
| $\mathrm{C}=2$ | Difficulty $=\quad$ Element Groups $=2.8$ | $\mathrm{E} 4=2.8$ |  |
| $\mathrm{~B}=2$ | D-Score $=4.8$ | Avg $=3.25$ | D Panel + E Panel $=\mathbf{1 1 . 5 5}$ |
| $\mathrm{A}=2$ |  |  |  |

## D - Panel Comments:

Steineman includes the $1 / 2$ czech giant before it; there is no separate Czech giant performed for credit that passes over the bar before the
Steineman

E - Panel Comments:

## Practical Test Routine: HB 3

https://www.youtube.com/watch?v=xaEOPdOOeao

| Skills | Value <br> $\left.\mathbf{(}^{*}\right)$ | Element <br> Group | Connection <br> Bonus | Execution <br> Deduction | Comments |
| :--- | :---: | :---: | :---: | :--- | :--- |
| Yamawaki | C | 2 |  | .3 | body position |
| endo | B | 3 |  | .1 | angle |
| front giants | A | 1 |  | .1 | hand slide |
| Adler | C | 3 |  | $.1, .1, .3$ | toes, knees, angle |
| El-grip giant | B | 1 |  |  |  |
| Endo in el-grip | C | 3 |  |  |  |
| pirouette | A | 1 |  |  |  |
| back giant |  |  |  |  | toes, execution |
| in-bar stalder | C | 3 |  | $.1, .1$ | angle |
| stalder | B | 3 |  | .3 | form, prep, step |
| back giants |  |  |  |  |  |
| Double layout 1/1 | D | 4 |  | $.1, .3, .3$ |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |


| $\mathrm{H}=$ |  |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
| $\mathrm{G}=$ |  |  |  |
| $\mathrm{F}=$ |  | $\mathrm{E} 1=\mathbf{1 . 8}$ |  |
| $\mathrm{E}=$ |  | $\mathrm{E} 2=2.2$ |  |
| $\mathrm{D}=1$ |  | $\mathrm{E} 3=1.7$ |  |
| $\mathrm{C}=4$ | Difficulty $=\quad$ Element Groups $=\quad 2.4$ | $\mathrm{E} 4=\mathbf{2 . 0}$ |  |
| $\mathrm{B}=3$ | D-Score $=\mathbf{4 . 4}$ | Avg $=1.9$ | D Panel + E Panel $=\mathbf{1 2 . 5}$ |
| $\mathrm{A}=2$ |  |  |  |

D - Panel Comments:

## E-Panel Comments:

## Practical Test Routine: HB 4

https://www.youtube.com/watch?v=vpHMhmBc2-8 `

| Skills | Value <br> $\mathbf{*}^{*}$ | Element <br> Group | Connection <br> Bonus | Execution <br> Deduction | Comments |
| :--- | :---: | :---: | :---: | :--- | :--- |
| back uprise |  |  |  | .3 | Too many swings to start <br> routine |
| front giant | D | 3 |  | $.1, .1, .1$ |  |
| Adler 1/2 |  |  |  |  | toes, axis, angle |
| back giants | C | 2 |  | .3 | $>45$ degree bend in hips, body <br> position |
| Tkatchev (piked) |  |  |  |  |  |
| back giant | C | 2 |  |  |  |
| Tkatchev (straddled) | B | 1 |  | .1 | angle |
| one arm back giant | B | 3 |  | .1 | angle |
| stalder |  |  |  | $.1, .3, .1$ | toes, angle, hand slide |
| blind change | C | 3 |  |  |  |
| in-bar endo | C | 3 |  |  |  |
| Adler | B | 1 |  |  | form, arm swing |
| El-grip giant | C | 1 |  |  |  |
| Russian giant |  |  |  | .1 |  |
| pirouette |  |  |  |  |  |
| back giants | E | 4 |  |  |  |
| double layout 2/1 |  |  |  |  |  |


| $\mathrm{H}=$ |  |  |  |
| :---: | :---: | :---: | :---: |
| $\mathrm{G}=$ |  |  |  |
| $\mathrm{F}=$ |  |  |  |
| $\mathrm{E}=1$ |  | E1 $=1.6$ |  |
| $\mathrm{D}=1$ |  | $\mathrm{E} 2=1.8$ |  |
| $\mathrm{C}=5$ | Difficulty = 3.0 | $\mathrm{E} 3=1.9$ |  |
| $B=3$ | Element Groups = 2.0 | $\mathrm{E} 4=1.8$ |  |
| A = | D-Score = 5.0 | Avg $=1.8$ | D Panel + E Panel = 13.2 |

## D - Panel Comments:

Tkatchev is close to the 45 degree hip bend mark, but is evaluated here as a C (piked) rather than a D (layout) - either way with a - 0.3 non-distinct body position error.

## E - Panel Comments:

The initial kick back to start the routine counts as a swing

