



NGJA Judges Report Form

Mentor Program Practical	
Event	Still Rings
Judge 1 (D1/E1)	Jon Corbitt
Judge 2 (D2/E2)	Brian Meeker
Judge 3 (E3)	Mike Juszczuk
Judge 4	Dave Johnson

Overview & Event Commentary:

Routine: SR 1 practice

<https://www.youtube.com/watch?v=S7wD9IS-rz0>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Slow Inlocate	A	†			Too many EG I.
Kip L	B	III		1	Bent arms
Roll Forward	A	†			Too many EG I.
Honma Stretched	C	I			
Straddle L	A	II		3, 1	Change of direction composition error. Swing
Press HS	B	II		1, 1	hndstd check, swing
Jonasson	D	I			
Yamawaki	C	I			
Back Uprise HS	C	I		1, 1	hndstd position, swing
Felge HS	C	I			
Double back salto tucked with 3/2 turn	D	IV		1, 1, 3	Step, alignment, landing prep

H =					
G =					
F =					
E =				E1 = 1.3	
D = 2				E2 = 1.4	
C = 4	Difficulty =	2.5		E3 = 1.4	
B = 2	Element Groups =	2.0		E4 = 1.4	
A = 1	D-Score =	4.5		Avg = 1.4	D Panel + E Panel = 13.1

D – Panel Comments:

9 counting elements.

E – Panel Comments:

Routine: SR 2 practice

https://drive.google.com/file/d/1Ga1mcp1f8AYLFJgyHsYrv40O11q2q76b/view?usp=share_link

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back Uprise Swallow	E	III		3, 3, 1	Close to planche. High Shoulders, body angle, grip
Cross	B	II		1, 1,	Body position, grip
Back Uprise	A	†		1	Too many EG I.
L	A	II		3,1	Short hold, swing
Roll Forward	A	I			
Yamawaki	C	I			
Jonasson	D	I			
Back Uprise HS	C	I		3,1, 1	Bent arms, straps, swing
Felge HS	C	I		3, 3	Hndstd arch, short hold
Double back salto tucked with 3/2 turn	D	IV		1, 1	Hop, landing prep

H =			
G =			
F =			
E = 1			E1 = 2.1
D = 2			E2 = 2.5
C = 3	Difficulty =	2.6	E3 = 2.9
B = 1	Element Groups =	2.0	E4 = 2.3
A = 2	D-Score =	4.6	Avg = 2.4
			D Panel + E Panel = 12.2

D – Panel Comments:

9 counting elements.

E – Panel Comments:

Routine: SR 3 practice

https://drive.google.com/file/d/1nlwpaXXHwcAsSE213igiV5kSIB-Dg4z4/view?usp=share_link

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Azarian Swallow	E	II			
Rear Kip Swallow	E	III			
Azarian Cross	D	II		1, 1	Body position, grip
Dislocate	A	I			
Felge HS	C	I		1, 1	Hndstd check, arch
Jonasson	D	I			
Back Uprise Cross	C	III		1, 1	Slight high entry, grip
Yamawaki	C	I		1, 1	toes, knee bend early
Back Uprise HS	C	I		1,1	hndstd arch, checks
Double back salto stretched with 1/1 turn	D	IV		1, 1	Pike down, toes

H =			
G =			
F =			
E = 2			E1 = 1.3
D = 3			E2 = 1.3
C = 4	Difficulty =	3.5	E3 = 1.2
B =	Element Groups =	2.0	E4 = 1.4
A = 1	D-Score =	5.5	Avg = 1.3
			D Panel + E Panel = 14.2

D – Panel Comments:

E – Panel Comments:

Routine: SR 4 practice

https://drive.google.com/file/d/1AuWYAi-SmnX2CcfZmgMrYzoUbwRlvcA/view?usp=share_link

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Slow Inlocate	A	†			
Kip L	B	III		3, 3	Arm bend, short hold
Roll Forward	A	†			
Inlocate	A	I			
Jonasson	D	I		1, 1	Legs, slow
Yamawaki	C	I		1	Legs
Back Uprise	A	I		1	Arm bend
L sit	A	II		1	Swing
Press HS	B	II		3, 1, 1, 3	Bent arms, straps, hndstd pos
Felge HS	C	I		1	Hndstd position
Double back salto tucked with 1/1 turn	C	IV		1, 3, 1	Step, alignment, prep

H =			
G =			
F =			
E =			E1 = 2.3
D = 1			E2 = 2.4
C = 3	Difficulty =	2.0	E3 = 2.5
B = 2	Element Groups =	1.8	E4 = 2.4
A = 3	D-Score =	3.8	Avg = 2.4
			D Panel + E Panel = 11.4

D – Panel Comments:

9 counting elements.

E – Panel Comments:

Practical Test Routine: SR 1

<https://youtu.be/1u5OiaQyusg?t=10>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Kip	A	I		3	Bent arms
Planche	C	II		3, 1, 1	Shoulders above top of rings. Body angel
Kip	A	I			Repeated element.
Cross	B	II		5, 3, 1, 1	High entry. Credit for Cross is okay. High hold, body pos.
Yamawaki	C	I		1, 1	Knees, toes
Jonasson	D	I		1, 1	Legs, toes
Back Uprise Straddle Planche	B	III		3, 3, 1, 1	High position, hip angle, leg movement
L sit	A	II		3	Short hold
Press to HS	B	II		1	Interrupted movement
Felge HS	C	I		1, 1	Hndstd arch, checks
Double back salto tucked with 1/1 turn	C	IV		1, 1, 1	Toes, legs, hop

H =			
G =			
F =			
E =			E1 = 3.5
D = 1			E2 = 3.2
C = 4	Difficulty =	2.4	E3 = 3.9
B = 3	Element Groups =	1.8	E4 = 3.1
A = 2	D-Score =	4.2	Avg = 3.35
			D Panel + E Panel = 10.85

D – Panel Comments:

E – Panel Comments:

Practical Test Routine: SR 2<https://www.youtube.com/watch?v=luFAMXokUeA>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Slow Inlocate	A	†			Too many EG I.
Kip L	B	III		3, 1, 1	Bent arms, L pos. leg movement
Roll Forward	A	†			Too many EG I.
Yamawaki	C	I		1	Toes
Jonasson	D	I		1, 1	Legs, toes
Back Uprise Straddle L	B	I		1, 1, 3	Entry, Body pos, short hold
Press HS	B	II		1, 1, 1,1	Bent arms, straps, arch, swing
Back Uprise HS	C	I		1	Hndstd arch
Felge HS	C	I		1, 1	Hndstd arch, swing
Felge through HS	B	†			Too many EG I.
Double back salto tucked with 1/1 turn	C	IV		3, 3, 1,	Step, landing position, prep for landing

H =			
G =			
F =			
E =			E1 = 2.5
D = 1			E2 = 2.3
C = 4	Difficulty =	2.2	E3 = 2.7
B = 3	Element Groups =	1.8	E4 = 2.4
A =	D-Score =	4.0	Avg = 2.45
			D Panel + E Panel = 11.55

D – Panel Comments:

8 counting elements.

E – Panel Comments:

Practical Test Routine: SR 3<https://youtu.be/TOVIKJOJGcg?t=8>

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Azarian Planche	E	II		1, 1	Body position
Azarian Swallow	E	II		3	Short hold
Back Uprise Inverted Cross	E	III		3, 1, 1	High entry, grip, swing
Inlocate through HS	B	I			
Back Uprise Swallow	E	III		3, 1	Short hold, movement
Yamawaki	C	I		1, 1	toes, rough
Back Uprise Planche	D	III			
Nakayama Cross	D	II		1, 3	Short hold
Back Uprise HS	C	I		1	swing
Double back salto stretched with 2/1 turn	D	IV		3, 3, 1, 1	Pike, step, leg sep, prep

H =			
G =			
F =			
E = 4			E1 = 2.6
D = 3			E2 = 2.4
C = 2	Difficulty =	4.0	E3 = 2.9
B = 1	Element Groups =	2.0	E4 = 2.4
A =	D-Score =	6.0	Avg = 2.5
			D Panel + E Panel = 13.5

D – Panel Comments:**E – Panel Comments:**

Practical Test Routine: SR 4

https://drive.google.com/file/d/1dAIGU9QqaP_VtDOJOI64-NrEMv7R9O2_/view?usp=share_link

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back Uprise Planche	D	III		1, 1	High entry, movement
Swallow	D	II		3	Body pos. arch
Kip L	B	III		1	Bent arms
Roll Forward	A	†			
Jonasson	D	I		1	
Back Uprise Swallow	E	III		3, 3, 1	High shoulders, arch, movement
Dislocate	A	†			
Felge HS	C	I		1	Hndstd check
Yamawaki	C	I		1	Feet
Back Uprise HS	C	I		1,1	Hndstd arch, check
Felge through HS	B	I			
Double back salto tucked with 2/1 turn	E	IV		3, 1, 1	Step, chest down, landing prep

H =			
G =			
F =			
E = 2			E1 = 1.9
D = 3			E2 = 2.2
C = 3	Difficulty =	3.5	E3 = 2.3
B = 2	Element Groups =	2.0	E4 = 1.7
A =	D-Score =	5.5	Avg = 2.05
			D Panel + E Panel = 13.45

D – Panel Comments: Backuprise Swallow very close to a planche and could be unrecognized if judged as a planche.

E – Panel Comments: