



## NGJA Judges Report Form

**NGJA Course 2019 - Still Rings, NCAA Routine #1**

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Backup rise Maltese	<b>E</b>	3		.3,.1	Shoulders high, FG
Nakayama cross	<b>D</b>	2		.1	FG
Backup rise cross	<b>C</b>	3		.1	FG
Inverted hang	x	x		.1	2 Sec hold
Yamawaki	<b>C</b>	1			
Jonasson	<b>D</b>	1		.1	rhythm
Backup rise Straddle Planche	<b>C</b>	3		.1,.3,.3	Arm bend, hip angle, short hold
Fwd roll out	A	1			
Front Giant	<b>C</b>	1		.1,.1	Control, rings swing
Back Giant	<b>C</b>	1			
Back giant thru HS	<b>B</b>	1			
Stretched Double 1/1	<b>D</b>	4		.3,.1,.3	Pike pos, prep, step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
1E = 0.5	Difficulty = 3.4	E1 = 2.5	<b>Dismount stuck = no</b>
3D = 1.2	Element Groups = 2.0	E2 = 2.4	
5C = 1.5	Connection Bonus =	E3 = 2.4	
1B = 0.2	Presentation = 10.0	E4 = 2.3	<b>D Panel + E Panel =</b>
A =	<b>Start Value = 5.4</b>		

**D – Panel Comments:**

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**.



## NGJA Judges Report Form

**NGJA Course 2019 - Still Rings, NCAA Routine #2**

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Pike inverted hang hold	x	x		.1	2 Sec hold
Backup rise Inverted cross	<b>D</b>	3		.3,.1,.1,.1.1	Body pos., high entry, high hold, control, FG
Azarian Maltese	<b>F</b>	2		.1,.1,.1	High entry, high hold, FG
Nakayama cross	<b>D</b>	2		.1	FG
Front giant HS	<b>C</b>	1			
Backup rise Straddle L	<b>B</b>	1		.1	Rings swinging
Front roll out	A	1			
Backup rise Maltese	<b>E</b>	3		.1,.1,.1,.1,.1	Arm bend, high entry, high hold, body pos, FG
Pull to Planche	<b>D</b>	2		.1	Pull from high pos.
Back roll	x	x		.1	Arm bend
Backup rise Planche	<b>D</b>	3		.3	Short hold
Back giant HS	<b>C</b>	1		.1,.1	Control, rings swinging
Stretched Double	<b>C</b>	4		.3,.3,.1	Pike pos, step, step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
1F = 0.6			
1E = 0.5	Difficulty = 3.8	E1 = 2.8	<b>Dismount stuck = no</b>
4D = 1.6	Element Groups = 1.8	E2 = 3.2	
3C = 0.9	Connection Bonus =	E3 = 3.2	
1B = 0.2	Presentation = 10.0	E4 = 2.9	<b>D Panel + E Panel =</b>
A =	<b>Start Value = 5.6</b>		

**D – Panel Comments:**

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**.



## NGJA Judges Report Form

**NGJA Course 2019** - Still Rings, NCAA Routine #3

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Kip	A	1		.3	Arm bend
Maltese	D	2		.1,.1	High. FG
Backup rise Maltese	E	3		.3,.1	High, FG
Piked inverted hang	X	X		.1	2 Sec
Inlocate	A	1			
Front giant HS	C	1		.1,.1	Rings swing, control
Jonasson	D	1		.1,.1	Knees, feet
Yamawaki	C	1			
Backup rise Straddle Planche	C	3		.1,.1,.1	Arms, pike, low position
Planche	C	2			
L Seat	A	2			
Fwd Roll out	A	1			
Backup rise Straddle L	B	1		.1	Rings swing
Press HS	B	2		.1,.1	Rings swing, shoulder lean
Stretch double	C	4		.3,.1,.1,.1	Pike, feet, knees, step(?)

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
1E = 0.5	Difficulty = 3.2	E1 = 2.3	<b>Dismount stuck =?</b>
2D = 0.8	Element Groups = 1.8	E2 = 2.0	
5C = 1.5	Connection Bonus =	E3 = 2.6	
2B = 0.4	Presentation = 10.0	E4 = 2.2	<b>D Panel + E Panel =</b>
A =	<b>Start Value = 5.0</b>		

**D – Panel Comments:** C Dismount partial EG 4.

**E – Panel Comments:** (Note to Panel: Dismount - could not determine “Stick”, due impaired view.)

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font.**



## NGJA Judges Report Form

**NGJA Course 2019 - Still Rings, NCAA Routine #4**

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Backup rise Maltese	E	3		.3,.1,.1	Entry pos, hold pos, FG
Homna Stretch	C	1		.1	pike
Maltese	D	2		.1,.3,.1,.1	Pos, short hold, FG, rings swing
Backup rise Straddle Planche	C	3		.1,.1	Arm bend, hip pos.
Yamawaki	C	1		.1	Knees
Jonasson	D	1			
Homna cross	D	3		.3,.3,.1	Entry, short hold, FG
Backup rise HS	C	1		.1,.3	Control, short hold
Inlocate	A	1			
Pike double front	D	4		.1,.1	Knees, step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
1E = 0.5	Difficulty = 3.4	E1 = 2.4	<b>Dismount stuck = no</b>
4D = 1.6	Element Groups = 2.0	E2 = 2.4	
4C = 1.2	Connection Bonus =	E3 = 2.9	
B =	Presentation = 10.0	E4 = 2.9	<b>D Panel + E Panel =</b>
1A = 0.1	<b>Start Value = 5.4</b>		

**D – Panel Comments:**

**E – Panel Comments:** note: count hold for Maltese at final hold position/no movement, not entry position.

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**.



## NGJA Judges Report Form

**NGJA Course 2019 - Still Rings, NCAA Routine #5**

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Azarian Maltese	<b>F</b>	2		.1,.1	Rhythm, FG
Backup rise Maltese	<b>E</b>	3		.1,.1	Pos., FG
Nakayama cross	<b>D</b>	2		.3,.1	High lever pos., FG
Backup rise HS	<b>C</b>	1			
Jonasson	<b>D</b>	1		.1	Feet
Inlocate	<b>A</b>	1			
Yamawaki	<b>C</b>	1		.1,.1	Rhythm, feet
Backup rise cross	<b>C</b>	3		.1,.1	Rings Swinging, FG
Backup rise Straddle Planche	<b>C</b>	3		.1	Entry hips
Back Giant HS	<b>C</b>	1		.1,.1,.1	Arms bent, control, swing
Pike double back	<b>B</b>	4		.1,.1	Feet, hop

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
1F = 0.6			
1E = 0.5	Difficulty = 3.6	E1 = 1.8	<b>Dismount stuck = no</b>
2D = 0.8	Element Groups = 1.8	E2 = 1.7	
5C = 1.5	Connection Bonus =	E3 = 1.9	
1B = 0.2	Presentation = 10.0	E4 = 1.9	<b>D Panel + E Panel =</b>
A =	<b>Start Value = 5.4</b>		

**D – Panel Comments:** note: B and C dismounts in NCAA get partial EG 4 credit.

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**.



## NGJA Judges Report Form

**NGJA Course 2019 - Still Rings, FIG Routine #6**

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Kip L	<b>B</b>	3		.3	Arm bend
Press HS	<b>B</b>	2		.3,.1,.1	On straps, arm bend, control
Lower to inverted hang	X	X		.1	Arm bend
Dislocate	<b>A</b>	1			
Felge to HS	<b>C</b>	1		.1,.1,.1	Arm bend, rings turned, control
Lower to inverted hang	X	X		.3	Arm bend
Back kip to support	<b>A</b>	1			
V Seat	<b>B</b>	2		.1	Position
L Seat	<b>A</b>	2			
Dislocate	Rep	Rep			
Stretched Salto	<b>A</b>	NR		.1	low

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 1.3	E1 = 1.8	<b>Dismount stuck =</b>
D =	Element Groups = 1.5	E2 = 2.1	
1C = 0.3	Connection Bonus =	E3 = 1.7	
3B = 0.6	Presentation = 10.0	E4 = 2.3	<b>D Panel + E Panel =</b>
4A = 0.4	<b>Start Value = 2.8</b>		

**D – Panel Comments:** Eight parts. Dismount A value, EG 4 Not Recognized.

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**.



## NGJA Judges Report Form

**NGJA Course 2019 - Still Rings, FIG Routine #7**

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Kip cross	<b>C</b>	3		.1,.1,.3	Arm bend, entry, short hold
Cross to back lever	<b>B</b>	2		.3	Short hold
Kip to support	<b>A</b>	1		.3	Arm bend
Lower to cross	<b>B</b>	2		.3,.1	Short hold, FG
Inlocate	A	1			
Jonasson	<b>D</b>	1			
Yamawaki	<b>C</b>	1			
Backup rise	A	1		.1	Arm bend
L seat	A	2		.1	Rings swinging
Press (hollowback)HS	<b>B</b>	2		.1,.1	Rings swinging, control
Front giant HS	<b>C</b>	1		.3	Short hold
Back giant HS	<b>C</b>	1		.3,.1,.1	Short hold, arch, swinging
Tuck double 3/2	<b>D</b>	4		.1	step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 2.7	E1 = 3.0	<b>Dismount stuck =</b>
2D = 0.8	Element Groups = 2.0	E2 = 2.9	
4C = 1.2	Connection Bonus =	E3 = 2.8	
3B = 0.6	Presentation = 10.0	E4 = 3.2	<b>D Panel + E Panel =</b>
1A = 0.1	<b>Start Value = 4.7</b>		

**D – Panel Comments:**

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**.



## NGJA Judges Report Form

**NGJA Course 2019 - Still Rings, FIG Routine #8 (NOR H. Stiansen)**

**Judges Panel:** Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Kip	<b>A</b>	1		.3	Arm bend
Planche	<b>C</b>	2		.3,.1,.3	low, FG, short hold
Kip cross	<b>C</b>	3		.3,.1,.1,.1	Arm bend, entry, high hold, FG
Inlocate	A	1			
Yamawaki	<b>C</b>	1		.1	Feet
Jonasson	<b>D</b>	1			
Backup rise	A	1			
L Seat	<b>A</b>	2			
Press HS	<b>B</b>	2		.3,.1,.1	On Straps, rings turned in, arm bend
Back giant HS	<b>C</b>	1		.1,.1	Arch, rings swinging
Giant thru HS	<b>B</b>	1			
Stretch double 1/1	<b>D</b>	4		.3,.1,.1,.3	Pike, feet, knees, step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 2.6	E1 = 2.7	<b>Dismount stuck =</b>
2D = 0.8	Element Groups = 2.0	E2 = 2.9	
4C = 1.2	Connection Bonus =	E3 = 3.2	
2B = 0.4	Presentation = 10.0	E4 = 3.2	<b>D Panel + E Panel =</b>
2A = 0.2	<b>Start Value = 4.6</b>		

**D – Panel Comments:** Note: Kip Planche, shoulders above top of rings. (see MTC Newsletter 35)

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**.





**ATHLETE:**

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty =	E1 =	<b>Dismount stuck =</b>
D =	Element Groups =	E2 =	
C =	Connection Bonus =	E3 =	
B =	Presentation = 10.0	E4 =	<b>D Panel + E Panel =</b>
A =	<b>Start Value =</b>		

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.