



**NGJA Judges Report Form  
Routine Analysis**

EVENT: Parallel Bars – NCAA Routine 1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Cast		3		0.1	
Honma to support	D	2		0.1	Slight leg bend at start of skill
HS					
Healy	D	1		0.1	Angle
HS		1			
Basket HS	D	3		0.1	Strength to HS
Giant	C	3		0.1	Loose back/body tightness on regrasp
Giant to Salto w/ 1/2 t to Upper Arm	D	3		0.1, 0.1	Form break, lack of ext regrasp
Front uprise				0.1	Low
Swing hs				0.1	Hand adjust
Stutz	C	1			
Front Uprise		2			
5/4 Front Straddle to Upper Arm	D	1		0.1, 0.1	Leg bend, lack of extension
Front Uprise				0.1	Low
Handstand Pirouette				0.1	
Bhavsar	E	3			
Glide Kip					
Handstand Pirouette		1		0.1	Lack of control
Tippelt	D	3		0.1, 0.1	Low legs on catch, use of strength
Double Back Piked	D	4		0.1, 0.1, 0.1, 0.1, 0.1	Feet flexed, leg bend, leg separation, low chest, hop

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.9	E1 = 7.9	
D = 6	Element Groups = 2.0	E2 =	
C = 2	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 13.8
A =	Start Value = 5.9		

**D – Panel Comments:**

**E – Panel Comments:**



EVENT: Parallel Bars – NCAA Routine 2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Basket HS	D	3		0.1, 0.1	Leg Split, Strength
Diamidov	C	1		0.1, 0.1	Hand adjust
Giant	C	3			
Giant to Salto w/ 1/2 t to Upper Arm	D	3		0.1	Lack of ext on regrasp (legs still bent)
Front Uprise	A	2		0.1	Low
Healy	D	1		0.1	Skewed
Swing Handstand	A	1			
Stutz	C	1		0.1	
Basket to Support	A	3			
Cast to Upper Arm	A	3			
Back Uprise Straddle Cut	B	2			
L-Sit	A	1			
Press to Handstand	B	1			
Double Back Salto Piked	D	4		0.1, 0.1, 0.3	Feet flexed, Low chest, Step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 3.1	E1 = 8.7	
D = 6	Element Groups = 2.0	E2 =	
C = 2	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 13.8
A =	Start Value = 5.1		

**D – Panel Comments:**

**E – Panel Comments:**



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EVENT: Parallel Bars – NCAA Routine 3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Jump to L-Sit	A	1			
Press to Handstand	B	1			
Giant Diamidov	D	3		0.1, 0.1, 0.1, 0.1, 0.1, 0.1, 0.5	Leg separation, 5 steps, major Error
Giant	C	3		0.1	
Bhavsar	E	3		0.1	
Glide Kip	A	3			
Pirouette	A	1		0.1	Hand Adjust
Tippelt	D	3		0.1	Hand Adjust
Diamidov	C	1		0.1, 0.1	Leg split, Hand adjust
Giant to Salto w/ 1/2 t to Upper Arm	D	3		0.3	Uncontrolled Regrasp
Front Uprise	A	2		0.1	low
Swing HS	A			0.1	Hand Adjustment
Stutz	C	1		0.3, 0.3	Short, bent arms
Front uprise	A	2			
Swing Handstand	A	1		0.3	Short Hold
Double Back Piked	D	4		0.1, 0.1, 0.3	Leg Separation, Low chest, Hop

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 3	Difficulty = 3.3	E1 = 6.4	
D = 3	Element Groups = 2.0	E2 =	
C = 3	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = <b>12.0</b>
A =	Start Value = 5.3		

**D – Panel Comments:**

**E – Panel Comments:**



NGJA Judges Report Form  
Routine Analysis

**EVENT: Parallel Bars – NCAA Routine 4**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Basket to Support	B	3			
L-Sit	A	1			
Press to HS	B	1		0.1, 0.1	Use of swing, Unsteady
Diamidov	C	1		0.3, 0.1	Leg Separation, Hand adjust
Front Uprise	A	2		0.1, 0.1	Low, Piked
Swing HS	<del>A</del>	<del>4</del>			
Stutz HS	C	1		0.1, 0.1	Leg Separation, Hand Adjust
Back Toss HS	C	1		0.3, 0.1	Loose body form, Hand Adjust
Cast to Upper Arm	A	3		0.1	
Back uprise Straddle Cut to Bent Arm Support	A	2		0.1	Leg Bend
Swing to HS	<del>A</del>	<del>4</del>			
Double Salto Bwd Tucked	C	4		0.3, 0.1, 0.3	Cowboy, Foot flex, Step

Difficulty	D Panel	E Panel	Final Score
G = 1			
F =			
E = 1	Difficulty = 2.0	E1 = 7.7	
D = 5	Element Groups = 1.8	E2 =	
C = 3	Connection Bonus = N/A	E3 =	
B =	Presentation = 10.0	E4 =	D Panel + E Panel = 11.5
A =	Start Value = 3.8		

**D – Panel Comments:**

**E – Panel Comments:**



NGJA Judges Report Form

Routine Analysis

**EVENT: Parallel Bars – NCAA Routine 5**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Front Uprise	A	2		0.1	Low
Swing HS	A	1		0.3	Short Hold
Back Toss HS	C	1		0.1	Arch
Diamidov	C	1		0.1, 0.1	Control, Hand Adjust
Front Uprise	<del>A</del>	<del>2</del>			
Swing HS	<del>A</del>	<del>1</del>		0.3	Short Hold
Stutz to HS	C	1		0.3, 0.1	Short & Arched, Adjust
Basket to Support	B	3			
L-Sit	<del>A</del>	<del>1</del>		0.3	Short hold
Press to HS	B	1		0.1, 0.3	Bobble, Short Hold
Double Back Salto Tucked	C	4		0.1, 0.3	Lack of Prep, Large Step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 5	Difficulty = 1.8	E1 = 7.5	
D = 4	Element Groups = 1.8	E2 =	
C = 1	Connection Bonus = N/A	E3 =	
B = 0	Presentation = 10.0	E4 =	D Panel + E Panel = <b>11.2</b>
A = 0	Start Value = 3.6		

**D – Panel Comments:**

**E – Panel Comments:**



EVENT: Parallel Bars – FIG Routine 1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Cast to Upper Arm	A	3		0.1	Rythm
Honma to support	D	3		0.1, 0.1	Low, Arm bend
Swing to HS	A	4		0.1	Hand Adjust on Swing Up
Makuts	E	1		0.1	Slight Pause
Healy	D	1			
Swing to HS	A	4		0.1	Hand Adjust
Peters	D	1		0.1	Leg Split
Side Glide through L-Sit to HS, Pirouette in	C	3		0.1	Foot flex while stooping
Straight Leg Moy to Support	C	3			
Swing Pirouette	A	4		0.1	Low
Tippelt	D	3			
Stutz	C	1			
Diamidov	C	1			
Double Back Salto Piked	D	4		0.1, 0.3	Low Chest, hop

Difficulty	D Panel	E Panel	Final Score
G =			
F = 1			
E = 4	Difficulty = 3.7	E1 = 8.7	
D = 2	Element Groups = 2.0	E2 =	
C = 3	Connection Bonus = N/A	E3 =	
B =	Presentation = 10.0	E4 =	D Panel + E Panel = 14.4
A =	Start Value = 5.7		

**D – Panel Comments:**

**E – Panel Comments:**



EVENT: Parallel Bars – FIG Routine 2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Cast to Support	A	3			
Honma to Support	D	2			
Swing to HS	<del>A</del>	<del>4</del>			
Basket to HS	D	3		0.1	Use of Strength
Giant Diamidov	D	3		0.1, 0.1	Leg split, Hand Adjust
Giant to Single Rail	C	3		0.1, 0.3, 0.3	Leg split, arch, Medium body deviation
Side Glide through Straddle L-Sit to HS	B	3		0.1, 0.1	
<b>Extra Swing</b>				0.5	
Healy	D	1			
Swing to HS	<del>A</del>	<del>4</del>		0.1	Hand Adjust, Short Hold? Really close
Diamidov	C	1		0.3, 0.1	Large Arch, Step, Step
Stutz	C	1		0.1	Slight leg split
Double Back Salto Piked	D	4		0.1, 0.1, 0.3	Leg bend, lack of prep, Large Step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 3	Difficulty = 3.2	E1 = 7.2	
D = 5	Element Groups = 2.0	E2 =	
C = 1	Connection Bonus = N/A	E3 =	
B = 0	Presentation = 10.0	E4 =	D Panel + E Panel = 12.7
A = 1	Start Value = 5.2		

**D – Panel Comments:**

**E – Panel Comments:**



EVENT: Parallel Bars – FIG Routine 3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Front Uprise	A	2		0.1	Low
Swing to HS	A	1		0.3	Short Hold
Straight leg Moy to Support	C	3			
Swing to Pirouette	A	1		0.1, 0.1, 0.1	Arm bend, bobble, split
Tippelt	D	3		0.1, 0.3, 0.1	Catch in Straddle L them pressing, Arm bend
Stutz	C	1		0.1, 0.1	Leg split, Arch
Basket to Support	B	3			
L-Sit	A	1		0.3	Short Hold
Press to HS	B	4		0.3, 0.1	Change of direction, Questionable could almost be No Credit
Double Back Salto Piked	D	1		0.1, 0.3	Lack of Prep, Large Step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =2	Difficulty = 2.0	E1 = 7.5	
D =4	Element Groups = 2.0	E2 =	
C = 1	Connection Bonus = N/A	E3 =	
B= 2	Presentation = 10.0	E4 =	D Panel + E Panel = 10.9
A = 1	Start Value = 4.2		

**D – Panel Comments:**

**E – Panel Comments:**