



NGJA Judges Report Form

NGJA Course 2019 - Still Rings, NCAA Routine #1

Judges Panel: Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Backup rise Maltese	E	3		.3,.1	Shoulders high, FG
Nakayama cross	D	2		.1	FG
Backup rise cross	C	3		.1	FG
Inverted hang	x	x		.1	2 Sec hold
Yamawaki	C	1			
Jonasson	D	1		.1	rhythm
Backup rise Straddle Planche	C	3		.1,.3,.3	Arm bend, hip angle, short hold
Fwd roll out	A	1			
Front Giant	C	1		.1,.1	Control, rings swing
Back Giant	C	1			
Back giant thru HS	B	1			
Stretched Double 1/1	D	4		.3,.1,.3	Pike pos, prep, step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
1E = 0.5	Difficulty = 3.4	E1 = 2.5	Dismount stuck = no
3D = 1.2	Element Groups = 2.0	E2 = 2.4	
5C = 1.5	Connection Bonus =	E3 = 2.4	
1B = 0.2	Presentation = 10.0	E4 = 2.3	D Panel + E Panel =
A =	Start Value = 5.4		

D – Panel Comments:

E – Panel Comments:

* X = repeated skill or non-recognized skill.
The top 10 counting skills are noted in **Bold & larger font**.



NGJA Judges Report Form

NGJA Course 2019 - Still Rings, NCAA Routine #2

Judges Panel: Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Pike inverted hang hold	x	x		.1	2 Sec hold
Backup rise Inverted cross	D	3		.3,.1,.1,.1.1	Body pos., high entry, high hold, control, FG
Azarian Maltese	F	2		.1,.1,.1	High entry, high hold, FG
Nakayama cross	D	2		.1	FG
Front giant HS	C	1			
Backup rise Straddle L	B	1		.1	Rings swinging
Front roll out	A	1			
Backup rise Maltese	E	3		.1,.1,.1,.1,.1	Arm bend, high entry, high hold, body pos, FG
Pull to Planche	D	2		.1	Pull from high pos.
Back roll	x	x		.1	Arm bend
Backup rise Planche	D	3		.3	Short hold
Back giant HS	C	1		.1,.1	Control, rings swinging
Stretched Double	C	4		.3,.3,.1	Pike pos, step, step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
1F = 0.6			
1E = 0.5	Difficulty = 3.8	E1 = 2.8	Dismount stuck = no
4D = 1.6	Element Groups = 1.8	E2 = 3.2	
3C = 0.9	Connection Bonus =	E3 = 3.2	
1B = 0.2	Presentation = 10.0	E4 = 2.9	D Panel + E Panel =
A =	Start Value = 5.6		

D – Panel Comments:

E – Panel Comments:

* X = repeated skill or non-recognized skill.
The top 10 counting skills are noted in **Bold & larger font.**



NGJA Judges Report Form

NGJA Course 2019 - Still Rings, NCAA Routine #3

Judges Panel: Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Kip	A	1		.3	Arm bend
Maltese	D	2		.1,.1	High, FG
Backup rise Maltese	E	3		.3, .1	High, FG
Piked inverted hang	X	X		.1	2 Sec
Inlocate	A	1			
Front giant HS	C	1		.1,.1	Rings swing, control
Jonasson	D	1		.1,.1	Knees, feet
Yamawaki	C	1			
Backup rise Straddle Planche	C	3		.1,.1,.1	Arms, pike, low position
Planche	C	2			
L Seat	A	2			
Fwd Roll out	A	1			
Backup rise Straddle L	B	1		.1	Rings swing
Press HS	B	2		.1,.1	Rings swing, shoulder lean
Stretch double	C	4		.3,.1,.1,.1	Pike, feet, knees, step(?)

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
1E = 0.5	Difficulty = 3.2	E1 = 2.3	Dismount stuck =?
2D = 0.8	Element Groups = 1.8	E2 = 2.0	
5C = 1.5	Connection Bonus =	E3 = 2.6	
2B = 0.4	Presentation = 10.0	E4 = 2.2	D Panel + E Panel =
A =	Start Value = 5.0		

D – Panel Comments: C Dismount partial EG 4.

E – Panel Comments: (Note to Panel: Dismount - could not determine “Stick”, due impaired view.)

* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font.**



NGJA Judges Report Form

NGJA Course 2019 - Still Rings, FIG Routine #7

Judges Panel: Juszczuk E1, Nesbit E2, Donahue E3, Hammond E4

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Kip cross	C	3		.1,.1,.3	Arm bend, entry, short hold
Cross to back lever	B	2		.3	Short hold
Kip to support	A	1		.3	Arm bend
Lower to cross	B	2		.3,.1	Short hold, FG
Inlocate	A	1			
Jonasson	D	1			
Yamawaki	C	1			
Backup rise	A	1		.1	Arm bend
L seat	A	2		.1	Rings swinging
Press (hollowback)HS	B	2		.1,.1	Rings swinging, control
Front giant HS	C	1		.3	Short hold
Back giant HS	C	1		.3,.1,.1	Short hold, arch, swinging
Tuck double 3/2	D	4		.1	step

Difficulty	D Panel	E Panel	Final Score
H =			
G =			
F =			
E =	Difficulty = 2.7	E1 = 3.0	Dismount stuck =
2D = 0.8	Element Groups = 2.0	E2 = 2.9	
4C = 1.2	Connection Bonus =	E3 = 2.8	
3B = 0.6	Presentation = 10.0	E4 = 3.2	D Panel + E Panel =
1A = 0.1	Start Value = 4.7		

D – Panel Comments:

E – Panel Comments:

* X = repeated skill or non-recognized skill.
The top 10 counting skills are noted in **Bold & larger font**.

